सत्यमेव जयते
Ministry of Ayush
Government of India

यूनानी दिवस 2026
एवं
राष्ट्रीय सम्मेलन

Unani Day 2026
&
National Conference

"यूनानी पद्धति में नवाचार और साक्ष्य"

"Innovation and Evidence in Unani Practice"

14-15 फरवरी 2026/ 14-15 February 2026

Yashwantrao Chavan Centre, Mumbai / यशवंतराव चव्हाण केंद्र मुंबई

Programme Schedule

आयोजक/ Organized by

केंद्रीय यूनानी चिकित्सा अनुसंधान परिषद

Central Council for Research in Unani Medicine

आयुष मंत्रालय, भारत सरकार/ Ministry of Ayush, Govt. Of India

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Programme Schedule

Day-1 | 14th Feb, 2026 – (Saturday)

Main Auditorium

09:00 AM - 10:00 AM	**Registration, Tea and Assemblage**	
10:00 AM - 11:00 AM	**Keynote Address**	
	Speaker	**Topic**
10:00 AM-10:30 AM	**Prof. Saiyad Shah Alam**, Director, National Institute of Unani Medicine, Bengaluru	Restoring Balance for People & Planet - Unani Approach
10:30 AM-11:00 AM	**Dr. Raman Mohan Singh**, Director, Pharmacopoeia Commission for Indian Medicine & Homoeopathy (PCIM&H), Ghaziabad, UP	Standardization, Quality Control, and Research in Ayurveda, Siddha, Unani, and Homoeopathy (ASU&H) drugs
Rapporteurs	**Dr. Lavudya Sreenivasa Naik**, Research Officer (Biochemistry), RRIUM Silchar **Dr. Priyanka Verma**, Research Officer (Biochemistry), RRIUM Delhi	
11:00 AM - 12:30 PM	**Inaugural Session**	
12:30 PM - 1:00 PM	**Display of Informative Videos of the Council**	
Rapporteurs	**Dr. Bilal Ahmed,** Research Officer (Unani), HAKILHRUM, New Delhi **Dr. Rajesh, Research Officer** (Unani), RRC, Prayagraj	

1:00 PM – 01:30 PM	**Keynote Address**	
	Speaker	**Topic**
	Dr. Raghu Arackal, Advisor, Ministry of Ayush & Deputy Director General (Ayush), Directorate General of Health Services (DGHS), MoHFW, Government of India	Role of Unani Medicine in Mainstream Healthcare
Rapporteurs	**Dr. Mangal Singh,** Assistant Research Officer (Biochemistry), RRIUM, Patna **Dr. Shaista Urooj**, Research Officer (Unani), RRIUM, Delhi	

01:30 PM-02:30 PM | Lunch Break

02:30 PM-03:00 PM	**Keynote Address**	
	Speaker	**Topic**
	Prof. Dr. A. W. Santhosh Kumar, Vice Chancellor, Amity University, Mumbai, Maharashtra	Evidence Generation through Integrative Medicine Approach
Rapporteurs	**Dr. Gulnawaz Ahmad,** Research Officer (Unani), NRIUMSD, Hyderabad **Dr. Ziaur Rahman,** Research Officer (Unani), RRIUM, Mumbai	

Panel Discussion - 03:00 PM- 04:30 PM

Theme: Innovation and Evidence in Unani Practice

Moderators	**Prof. Asim Ali Khan**, President, Board of Unani Siddha & Sowa-Rigpa, National Commission for Indian System of Medicine, Govt. of India. **Dr. M.A. Qasmi**, Advisor (Unani), Ministry of Ayush **Dr. N. Zaheer Ahmed**, Director General, CCRUM
Panellist	**Prof. Saiyad Shah Alam**, Director, National Institute of Unani Medicine, Bengaluru **Maj. (Dr). B. V. Ram Kumar**, Director, National Institute for the Empowerment of Persons with Intellectual Disabilities (NIEPID), Secunderabad, Telangana **Prof. Bejon Kumar Misra**, Chairman, Core Group of Experts for Insurance coverage in Ayush sector **Dr. Raghu Arackal**, Advisor, Ministry of Ayush & Deputy Director General (Ayush), Directorate General of Health Services (DGHS), MoHFW, Government of India **Padma shri Dr. Zahir I Kazi**, President, Anjuman-i-Islam, Mumbai **Dr. Ameed Murad**, Founder, Vedaan Group, Bareilly, Uttar Pradesh
Rapporteurs	**Dr. Meirajul Haq**, Research Officer (Unani), HAKILHRUM, New Delhi **Dr. Shah Alam**, Research Officer (Unani), RRIUM, Mumbai

04:30 PM | High Tea

Day-2 | 15th Feb, 2026 – (Sunday)

09:00 AM - 09:30 AM | Assemblage and Tea

Scientific Session-I | 09:30 AM - 11:00 AM| Hall-A (Rangaswar)

Theme: Innovations in Unani Formulations and Drug Development

Chairpersons	**(Prof.) Dr. Ravindra D. Kulkarni,** Vice-Chancellor, University of Mumbai, Former Pro Vice-Chancellor, University of Mumbai and Senior Professor, Oil Tech Institute of Chemical Technology, Mumbai **Prof. Dr. Mohammad Idris,** Former Principal & Dean, Ayurvedic and Unani Tibbia College and Hospital, Karol Bagh, New Delhi **Dr. Zaki Ahmad Siddiqui,** Deputy Director I/c, Regional Research Institute of Unani Medicine, Kharghar, Navi Mumbai, Maharashtra

	Speaker	Topic
09:30 AM – 09:50 AM	**Dr. Ahmad Ali** Associate Professor, Department of Life Sciences, University of Mumbai	Cytokines-regulated Antiarthritic and anti-inflammatory potential of Polyherbal Unani Formulation
09:50 AM – 10:10 AM	**Dr. V. N. Azger Dusthackeer** Scientist E, ICMR - National Institute for Research in Tuberculosis, Chennai.	Evaluation of Anti tubercular and immune-modulatory activities of Unani Pharmacopoeial formulations (UPF) *Qurs Tabasheer Sartani* and *Arq e Hara Bhara* through in vitro and in vivo studies.

10:10 AM – 10:30 AM	**Dr. Yogeeta Goyal** Professor & HOD, Department of Pharmaceutics, Shri Vile Parle Kelavani Mandal's Institute of Pharmacy, Dhule, Maharashtra	To investigate the Pharmacological effect of certain Unani formulations in a Preclinical animal model of Polycystic Ovary Syndrome
10:30 AM – 10:50 AM	**Dr. Dinesh Mani Tripathi,** Assistant Professor, Institute of Liver and Biliary Sciences (ILBS) Vasant Kunj, New Delhi	Evaluation of hepato-protective efficacy and underlying molecular mechanism of CCRUM formulations, in experimental animal models of Anti-tuberculosis drug-induced liver injury (ATDILI):A pre-clinical study
10:50 AM-11:00 AM	**Discussion**	
Rapporteurs	**Dr. Ansari Shabnam Mohd. Ashfaque,** Research Officer (Unani), RRIUM, Mumbai **Dr. Sayeda Shifa Zaidi,** Research Officer (Unani), CRIUM, Lucknow **Dr. Nazim Husain,** Research Officer (Unani), RRIUM, Silchar	

11:00 AM – 11:20 AM | TEA BREAK

Scientific Session-II | 09:30 AM - 11:00 AM | Hall-B (Cultural)

Theme: Advancing Evidence-Based Research in Unani Medicine

Chairpersons	**Prof. Dr. A. W. Santhosh Kumar,** Vice Chancellor, Amity University, Mumbai, Maharashtra **Dr. Jugal Kishore,** Director Professor & Former Head of Department, Community Medicine Vardhman Mahavir Medical College and Safdarjung Hospital, New Delhi **Dr. Irfat Ara Gurkoo,** Deputy Director, Regional Research Institute of Unani Medicine, Hazratbal, Srinagar, J&K **Dr. Masroor Ali Qureshi,** Research Officer (Unani) Nodal Officer (J. J. Co-Location), RRIUM, Mumbai

	Speaker	Topic
09:30 AM – 09:50 AM	**Dr. Ruchika Kaul Ghanekar** Scientific Advisor & Consultant, AyuGen Biosciences Pvt Ltd. Pune, Maharashtra, Former Director, Symbiosis Centre for Research and Innovation, Symbiosis International University	Phytochemical standardization and Anticancer Activity of *Habb-e-Musaffi Khoon*
09:50 AM – 10:10 AM	**Dr. Amisha Vora** Associate Professor, Shobhaben Pratapbhai Patel -School of Pharmacy & Technology Management, SVKM's NMIMS, Mumbai	Neuroprotective potential of *Majoon-e Nisyan* in an animal model of Alzheimer's disease.

10:10 AM – 10:30 AM	**Dr. M. Rasool** Professor & Director-Purchase, Vellore Institute of Technology, Vellore, Tamil Nadu	Exploring the therapeutic potential of *Majoon Ushba*, and Unani Medicine against psoriasis signalling *(Daus Sadaf)* with reference to IL-17 acytokine
10:30 AM – 10:50 AM	**Dr. Sayeed Ahmad** Director, Centre of Excellence in Unani Medicine (Pharmacognosy and Pharmacology), Professor, Pharmacognosy & Phytochemistry, Head, Department of Food Technology, In-Charge, Bioactive Natural Product Laboratory, Jamia Hamdard, New Delhi	Metabolomic profiling to strengthen evidence-based Unani therapeutics
10:50 AM-11:00 AM	**Discussion**	
Rapporteurs	**Dr. Parvez Khan,** Research Officer (Unani), RRIUM, Aligarh **Dr. Khemchand,** Research Officer (Unani), CRIUM Lucknow	

11:00 AM – 11:20 AM | TEA BREAK

Scientific Session-III | 09:30 AM - 11:00 AM | Hall-C (Runanubandha)

Theme: Translational Research in Unani Medicine

Chairpersons	**Prof. Sadiq Bapumiya Patel**, Prof. Emeritus, Former Vice Dean, JJ hospital, Former HOD, Dept of Pharmacology, Former Project head RRIUM, Mumbai **Dr. Mumtaz Ahmad**, Deputy Director, Regional Research Institute of Unani Medicine, Patna, Bihar **Dr. Anwar Ahmed**, Assistant Director (U), NRIUMSD, Hyderabad

	Speaker	Topic
09:30 AM – 09:50 AM	**Dr. Nitin Sharma** Head of Department, Professor, Amity Institute of Pharmacy University, Noida.	Colon targeting of Unani Medicine via gum (polysaccharide) based oral formulations for effective treatment of irritable bowel syndrome: Clinical Intervention by Gamma Scintigraphy.
09:50 AM – 10:10 AM	**Dr. Navneet Sharma** Assistant Professor, Amity Institute of Pharmacy, Amity University, Noida	Novel Unani Medicine infused Organic Oil based in-soles for diabetic foot care
10:10 AM – 10:30 AM	**Dr. Mohd Urooj** Research Officer, (Pharmacology), NRIUMSD, Hyderabad	Recent Research Trends in Preclinical Research

10:30 AM – 10:50 AM	**Dr. Azizuddin Khan** Professor, Psychophysiology Lab, Department of Humanities and Social Sciences, Indian Institute of Technology, Mumbai	Mijaz and the Mind: Integrating Unani Temperament Theory with EEG Analysis
10:50 AM-11:00 AM	**Discussion**	
Rapporteurs	**Dr. Abdul Aleem,** Research Officer (Unani), RRIUM Silchar **Dr. Jameel Ahmed**, Research Officer (Pharmacogonosy), DSRI Ghaziabad	

11:00 AM – 11:20 AM | TEA BREAK

Scientific Session-IV | 11:20 AM – 01:00 PM | Hall-A (Rangaswar)

Theme: Advancements in Ilaj-bil-Ghiza: Nutrition, Dietetics and Lifestyle Management in Unani Medicine

Chairpersons	**Dr. M.A. Qasmi,** Advisor (Unani), Ministry of Ayush **Prof. S.J.B. Bokhari,** Professor & HoD, Department of Munafeul Aaza (Physiology) Government Nizamia Tibbia College, Hyderabad. **Prof. Irfan Ahmad,** Professor and Head, Department of Mahiyatul Amraz, State Unani Medical College, Himmatganj, Paryagraj (UP), **Dr. Ghazala Javed,** Assistant Director (Unani), CCRUM	
	Speaker	**Topic**
11:20 AM – 11:40 AM	**Representative** of Food Safety and Standards Authority of India (FSSAI), New Delhi	Regulatory Framework and Compliance for the Development of Unani Ahaar
11:40 AM – 12:00 PM	**Dr. Shaikh Nikhat Parveen** Research Officer, Scientist Level-III, RRIUM Mumbai	Unani Ahaar in Tuberculosis Management
12:00 PM – 12:20 PM	**Prof. Eram S. Rao** Professor, Department of Food Technology, Bhaskaracharya College of Applied Sciences, University of Delhi	Unani Ahaar: Bridging traditional wisdom and modern nutrition science with Talbina Products

12:20 PM – 12:40 PM	**Prof. Asia Sultana** Professor, Department of Ilaj bit Tadbeer, Ajmal Khan Tibbiya College, Aligarh Muslim University, Aligarh	A meta-analysis on dietary (millet) intervention in metabolic signalling and glucose modulation.
12:40 PM-01:00 PM	**Discussion**	
Rapporteurs	**Dr. Arshid Iqbal,** Research Officer (Unani), RRIUM Srinagar **Dr. Huma,** Research Officer (Unani), RRIUM Srinagar **Dr. Anas Iqbal Alvi,** Research Assistant (Chemistry), DSRU, New Delhi	

01:00 PM- 02:00 PM | Lunch Break

Scientific Session-V | 11:20 AM – 01:00 PM| Hall-B (Cultural)

Theme: Innovations in Clinical Practice and Disease Management

Chairpersons	**Dr. Ranjit Mankeshwar,** Associate Professor, Department of Community Medicine, Grant Government Medical College & Sir J.J. Hospital, Mumbai **Dr. Younis Iftikhar Munshi,** Deputy Director General, CCRUM, New Delhi **Dr. Syed Abbas Haidar Zaidi,** Deputy Director In - charge, Regional Research Institute of Unani Medicine, Aligarh

	Speaker	Topic
11:20 AM – 11:40 AM	**Dr. Uzma Bano** HoD & Associate Professor, Dept. of Paediatrics, Jamia Hamdard, New Delhi	Development and evaluation of Novel Unani Paediatric formulation for abdominal discomfort in children
11:40 AM – 12:00 PM	**Prof. Mohd Aleemuddin Quamri** Professor & HoD, Dept. of Amraze Jild wa Tazeeniyat (Skin and Cosmetology) & Moalajat (I/c), National Institute of Unani Medicine, Bengaluru	Evidence-based Unani care in skin disorders

12:00 PM – 12:20 PM	**Dr. Ghazala Mulla** Vice Principal & H.O.D., Dept. of Physiology, Z.V.M. Unani Medical College, Pune	Regimenal Therapies *(Ilaj bil Tadbir)* in chronic disease management - Evidence based applications of Hijamah therapy with special reference to type 2 Diabetes MELLITUS.
12:20 PM – 12:40 PM	**Dr. Humaira Bano** Research Officer (Unani), Scientist Level-IV, RRIUM Mumbai	Integrating Modern Research Tools with Unani Principles: A pathway to evidence-based validation
12:40 PM-01:00 PM	**Discussion**	
Rapporteurs	**Dr. M. A. Waheed,** Research Officer (Unani), RRIUM Bhadrak **Dr. Mohd. Mudassir,** Research Officer (Unani), RRIUM Bhadrak **Dr. Mohammad Usama,** Research Officer (Unani), RRIUM, Patna	

01:00 PM- 02:00 PM | Lunch Break

Scientific Session-VI | 11:20 AM – 01:00 PM | Hall-C (Runanubandha)

Theme: Recent Advancement in Unani Research

Chairpersons	**Dr. Kommu Nagaiah,** Sr. Principal Scientist, Indian Institute of Chemical Technology (IICT) Hyderabad **Dr. Munira Momin,** Principal and Professor, SVKM's Dr. Bhanuben Nanavati College of Pharmacy, Mumbai **Dr. Najeebul Hasan,** Director, National Research Institute of Unani Medicine for Skin Disorders, Hyderabad

	Speaker	Topic
11:20 AM – 11:40 AM	**Dr. Mohammad Nawab** Research Officer (Unani), Scientist Level-III, RRIUM, Kolkata	Understanding cerebro-asthenia (Zuf al Dimagh): a rational approach for its assessment and treatment in clinical practice
11:40 AM – 12:00 PM	**Prof. Khan Mohammad Qaiser** Professor & HoD, Dept. of Tahaffuzi wa Samaji Tib, Anjuman I Islam's Dr.M.I.J. T Unani Medical College & H.A.R. Kalsekar, Hospital Mumbai, Maharashtra	Mental Health in Unani Medicine: A Classical Contemporary Perspective
12:00 PM – 12:20 PM	**Dr. Mohd. Kashif Husain** Research Officer (Unani), NRIUMSD, Hyderabad	Innovation technique in conservation and sustainable use of Medicinal Plants

12:20 PM – 12:40 PM	**Dr. Misbahuddin Azhar,** Research Officer (Unani), Scientist Level-IV, RRIUM, Aligarh	Integration of Unani Medicine with Modern Technology in Dermatology
12:40 PM-01:00 PM	**Discussion**	
Rapporteurs	**Dr. Vandana Rajak,** Research Officer (Unani), CRU Bhopal **Dr. Farhath Fathima,** Research Officer (Unani), CRU Kerala	

01:00 PM- 02:00 PM | Lunch Break

Scientific Session-VII | 02:00 PM – 04:00 PM | Hall-A (Rangaswar)

Theme: Advancements in Ilaj-bil-Tadbir (Regimenal Therapy) and Health and Wellness

Chairpersons	**Dr. Veena Gupta,** (Head Division of Germplasm Conservation), ICAR-National Bureau of Plant Genetic Resources, New Delhi. **Prof. (Dr.) Qazi Rashid Anwar,** Dean (Principal & Superintendent), Professor & HOD, Amraz-e-Ain,Uzn, Anaf, Halq wa Asnan, Anjuman-i-Islam's Dr. M.I.J. Tibbia Unani Medical College & H.A.R. Kalsekar Tibbia Hospital, Mumbai, Maharashtra **Dr. Najmus Sehar,** Deputy Director, Central Research Institute of Unani Medicine, Lucknow, UP. **Dr. K. Kabiruddin Ahmed,** Deputy Director, Regional Research Institute of Unani Medicine, Chennai, Tamil Nadu

	Speaker	Topic
02:00 PM – 02:20 PM	**Prof. Mohd Anwar** Professor, Dept. of Ilaj Bit Tadbeer, AKTC, Aligarh Muslim Universty, Aligarh	Evidence based evaluation of regimenal therapies in chronic Rheumatogical disorders.
02:20 PM – 02:40 PM	**Dr. Noman Anwar** Research Officer (Unani), CRIUM, Lucknow	Revival of some important regimens in *Ilaj-bil-Tadbir*
02:40 PM – 03:00 PM	**Dr. Tamanna Nazli,** Research Officer (Unani), RRIUM, Delhi	SOPs on *Hijama* (Cupping) – *An* overview

03:00 PM – 03:20 PM	**Dr. Farooqui Shazia Parveen,** Research officer (Unani), RRIUM, Chennai	Integration of traditional regimens into modern rehabilitation medicine
03:20 PM – 03:40 PM	**Dr. Shaista Urooj** Research Officer (Unani), RRIUM Delhi	Use of AI related interventions in the advancement of *Ilaj-bil-Tadbir* (Regimenal Therapy)
03:40 PM – 04:00 PM	**Discussion**	
Rapporteurs	**Dr. Mohd. Masihuzzaman,** Research Officer (Unani), RRIUM, Kolkata **Sh. Shoaib Ahmed Ansari,** Research Officer (Chemistry), DSRI, Ghaziabad	

Scientific Session-VIII | 02:00 PM – 04:00 PM | Hall-B (Cultural)

Theme: Role of Genomics and Artificial Intelligence in Research and Development of Unani Medicine

Chairpersons	**Dr Farha Rizwan Sikalgar,** Principal, ZVM Unani medical college and Hospital Azam Campus, Pune. **Dr. Ziaul Haq Siddiqui,** Deputy Director, Regional Research Institute of Unani Medicine, New Delhi **Prof. Dr. Arzeena Jabeen,** Assistant Director (Unani), NRIUMSD, Hyderabad	
	Speaker	**Topic**
02:00 PM – 02:20 PM	**Dr. Mohammed Idris** Chief Scientist, CSIR-Centre for Cellular and Molecular Biology (CCMB), Hyderabad	DNA Barcoding as a Tool for Quality Assurance in Unani Medicine
02:20 PM – 02:40 PM	**Prof. B. Vijaya Lakshmi,** Professor & Director In-charge, Institute of Genetics & Hospital for Genetic Diseases, Osmania University, Hyderabad	Unani Genomics –A Way Forward
02:40 PM – 03:00 PM	**Dr. Usama Akram** Research Officer (Unani), Scientist level-III, CCRUM, Hqrs., New Delhi	Artificial Intelligence (AI) and Digital initiatives of CCRUM
03:00 PM – 03:20 PM	**Dr. Md. Manzar Alam** Research officer (Unani), Scientist level- II, RRIUM, Patna	Exploring the potential of Artificial Intelligence in Unani Medicine

03:20 PM – 03:40 PM	**Prof. Qamar Uddin** Research officer (Unani), Scientist Level-IV, NRIUMSD, Hyderabad	Highlights of Fundamental Research Program of NRIUMSD, Hyderabad
03:40 PM – 04:00 PM	**Discussion**	
Rapporteurs	**Dr. Manchala Ashok,** Research Officer (Unani), CRU, Kurnool **Dr. Arisha Shahid,** Research Officer (Unani) (I/c), CRU Bangalore	

Scientific Session-IX | 02:00 PM – 04:00 PM | Hall-C (Runanubandha)

Theme: Evidence-Based Perspectives from Unani Classics and Drug Standardization in Unani Medicine

Chairpersons	**Dr Jaleel Ahmed,** Vice Principal, ZVM Unani Medical College and Hospital Azam Campus, Pune. **Prof. Basir Lodi,** Former HOD, Department of Anatomy, Anjuman-I-Islam's Dr. M.I.J. Unani Medical College and H.A.R. Kalsekar Tibbia Hospital, Mumbai, Maharashtra **Dr. Rashidullah Khan,** Assistant Director, Hakim Ajmal Khan Institute for Literary and Historical Research in Unani Medicine, New Delhi

	Speaker	Topic
02:00 PM – 02:20 PM	**Dr. Amanullah** Research Officer (Unani), Scientist Level-IV, CCRUM-Hqrs., New Delhi	Journey towards the development of Mizaj Assessment Tool
02:20 PM – 02:40 PM	**Dr. Fakhre Alam** Research Officer (Unani), Scientist Level-IV, RRIUM, Aligarh	Contribution of Hakim Ajmal Khan to the Rational Use of Unani Medicine
02:40 PM – 03:00 PM	**Dr. Munira Momin** Principal and Professor, SVKM's Dr. Bhanuben Nanavati College of Pharmacy, Mumbai	Reimagining Unani Therapeutics through advanced pharmaceutical formulation Technologies

03:00 PM – 03:20 PM	**Prof. Lokesh Kumar Bhatt** Professor, Dept. of Pharmacology, SVKM's Dr. Bhanuben Nanavati College of Pharmacy, Mumbai	Pharmacological Exploration of Unani Medicine: Integrating Bioassays and In Silico Experiments for Molecular Validation
03:20 PM – 03:40 PM	**Dr. Bilal Ahmed** Research Officer (Unani), Scientist Level-IV, HAKILHRUM, New Delhi	Evidence based initiatives under Literary Research Program
03:40 PM – 04:00 PM	**Discussion**	
Rapporteurs	**Dr. Ashok Kumar,** Research Officer (Pathology) I/c, RRC Prayagraj **Dr. Yasmin Fatima,** Research Officer (Unani) (I/c), CRU, Burhanpur	

04:00 PM - 04:45 PM |Concluding Session |Hall-A (Rangaswar)

Rapporteurs	**Dr. Priyanka Verma,** Research Officer (Biochemistry), RRIUM Delhi **Dr. Nazim Husain,** Research Officer (Unani), RRIUM, Silchar

04:45 PM - 05:00 PM | Networking and Tea

केन्द्रीय यूनानी अनुसंधान परिषद

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