



यूनानी दिवस 2026

एवं

राष्ट्रीय सम्मेलन

Unani Day 2026

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National Conference

“यूनानी पद्धति में नवाचार और साक्ष्य”

“Innovation and Evidence in Unani Practice”

14-15 फरवरी 2026/ 14-15 February 2026

Yashwantrao Chavan Centre, Mumbai / यशवंतराव चव्हाण केंद्र मुंबई

Programme Schedule

आयोजक/ Organized by

केंद्रीय यूनानी चिकित्सा अनुसंधान परिषद

Central Council for Research in Unani Medicine

आयुष मंत्रालय, भारत सरकार/ Ministry of Ayush, Govt. Of India

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Programme Schedule

Day-1 | 14th Feb, 2026 – (Saturday)

Main Auditorium

09:00 AM - 10:00 AM	Registration, Tea and Assemblage	
10:00 AM - 11:00 AM	Keynote Address	
	Speaker	Topic
10:00 AM- 10:30 AM	Prof. Saiyad Shah Alam, Director, National Institute of Unani Medicine, Bengaluru	Restoring Balance for People & Planet - Unani Approach
10:30 AM- 11:00 AM	Dr. Raman Mohan Singh, Director, Pharmacopoeia Commission for Indian Medicine & Homoeopathy (PCIM&H), Ghaziabad, UP	Standardization, Quality Control, and Research in Ayurveda, Siddha, Unani, and Homoeopathy (ASU&H) drugs
Rapporteurs	Dr. Lavudya Sreenivasa Naik, Research Officer (Biochemistry), RRIUM Silchar Dr. Priyanka Verma, Research Officer (Biochemistry), RRIUM Delhi	
11:00 AM - 12:30 PM	Inaugural Session	
12:30 PM - 1:00 PM	Display of Informative Videos of the Council	
Rapporteurs	Dr. Bilal Ahmed, Research Officer (Unani), HAKILHRUM, New Delhi Dr. Rajesh, Research Officer (Unani), RRC, Prayagraj	

1:00 PM –
01:30 PM

Keynote Address

	Speaker	Topic
	Dr. Raghu Arackal, Advisor, Ministry of Ayush & Deputy Director General (Ayush), Directorate General of Health Services (DGHS), MoHFW, Government of India	Role of Unani Medicine in Mainstream Healthcare
Rapporteurs	Dr. Mangal Singh, Assistant Research Officer (Biochemistry), RRIUM, Patna Dr. Shaista Urooj, Research Officer (Unani), RRIUM, Delhi	

01:30 PM-02:30 PM | Lunch Break

02:30 PM-
03:00 PM

Keynote Address

	Speaker	Topic
	Prof. Dr. A. W. Santhosh Kumar, Vice Chancellor, Amity University, Mumbai, Maharashtra	Evidence Generation through Integrative Medicine Approach
Rapporteurs	Dr. Gulnawaz Ahmad, Research Officer (Unani), NRIUMSD, Hyderabad Dr. Ziaur Rahman, Research Officer (Unani), RRIUM, Mumbai	



Panel Discussion - 03:00 PM- 04:30 PM

Theme: Innovation and Evidence in Unani Practice

Moderators	Prof. Asim Ali Khan , President, Board of Unani Siddha & Sowa-Rigpa, National Commission for Indian System of Medicine, Govt. of India. Dr. M.A. Qasmi , Advisor (Unani), Ministry of Ayush Dr. N. Zaheer Ahmed , Director General, CCRUM
Panellist	Prof. Saiyad Shah Alam , Director, National Institute of Unani Medicine, Bengaluru Maj. (Dr). B. V. Ram Kumar , Director, National Institute for the Empowerment of Persons with Intellectual Disabilities (NIEPID), Secunderabad, Telangana Prof. Bejon Kumar Misra , Chairman, Core Group of Experts for Insurance coverage in Ayush sector Dr. Raghu Arackal , Advisor, Ministry of Ayush & Deputy Director General (Ayush), Directorate General of Health Services (DGHS), MoHFW, Government of India Padma shri Dr. Zahir I Kazi , President, Anjuman-i-Islam, Mumbai Dr. Ameer Murad , Founder, Vedaan Group, Bareilly, Uttar Pradesh
Rapporteurs	Dr. Meirajul Haq , Research Officer (Unani), HAKILHRUM, New Delhi Dr. Shah Alam , Research Officer (Unani), RRIUM, Mumbai

04:30 PM | High Tea



Day-2 | 15th Feb, 2026 – (Sunday)

09:00 AM - 09:30 AM | Assemblage and Tea

Scientific Session-I | 09:30 AM - 11:00 AM| Hall-A (Rangaswar)

Theme: Innovations in Unani Formulations and Drug Development

Chairpersons **Ms. Amina al Haiden**, Chairperson, Lotus Holistic Health Center -Institute, Abu Dhabi , UAE
(Prof.) Dr. Ravindra D. Kulkarni, Vice-Chancellor, University of Mumbai, Former Pro Vice-Chancellor, University of Mumbai and Senior Professor, Oil Tech Institute of Chemical Technology, Mumbai
Prof. Dr. Mohammad Idris, Former Principal & Dean, Ayurvedic and Unani Tibbia College and Hospital, Karol Bagh, New Delhi
Dr. Zaki Ahmad Siddiqui, Deputy Director I/c, Regional Research Institute of Unani Medicine, Kharghar, Navi Mumbai, Maharashtra

	Speaker	Topic
09:30 AM – 09:50 AM	Dr. Ahmad Ali Associate Professor, Department of Life Sciences, University of Mumbai	Cytokines-regulated Antiarthritic and anti-inflammatory potential of Polyherbal Unani Formulation
09:50 AM – 10:10 AM	Dr. V. N. Azger Dusthacker Scientist E, ICMR - National Institute for Research in Tuberculosis, Chennai.	Evaluation of Anti tubercular and immune-modulatory activities of Unani Pharmacopoeial formulations (UPF) <i>Qurs Tabasheer Sartani</i> and <i>Arq e Hara Bhara</i> through in vitro and in vivo studies.

10:10 AM – 10:30 AM	Dr. Yogeeta Goyal Professor & HOD, Department of Pharmaceutics, Shri Vile Parle Kelavani Mandal's Institute of Pharmacy, Dhule, Maharashtra	To investigate the Pharmacological effect of certain Unani formulations in a Preclinical animal model of Polycystic Ovary Syndrome
10:30 AM – 10:50 AM	Dr. Dinesh Mani Tripathi, Assistant Professor, Institute of Liver and Biliary Sciences (ILBS) Vasant Kunj, New Delhi	Evaluation of hepato- protective efficacy and underlying molecular mechanism of CCRUM formulations, in experimental animal models of Anti- tuberculosis drug- induced liver injury (ATDILI):A pre-clinical study
10:50 AM- 11:00 AM	Discussion	
Rapporteurs	Dr. Ansari Shabnam Mohd. Ashfaq, Research Officer (Unani), RRIUM, Mumbai Dr. Sayeda Shifa Zaidi, Research Officer (Unani), CRIUM, Lucknow Dr. Nazim Husain, Research Officer (Unani), RRIUM, Silchar	

11:00 AM – 11:20 AM | TEA BREAK



Scientific Session-II | 09:30 AM - 11:00 AM | Hall-B (Cultural)

Theme: Advancing Evidence-Based Research in Unani Medicine

Chairpersons **Prof. Dr. A. W. Santhosh Kumar**, Vice Chancellor, Amity University, Mumbai, Maharashtra
Dr. Jugul Kishore, Director Professor & Former Head of Department, Community Medicine Vardhman Mahavir Medical College and Safdarjung Hospital, New Delhi
Dr. Irfat Ara Gurkoo, Deputy Director, Regional Research Institute of Unani Medicine, Hazratbal, Srinagar, J&K
Dr. Masroor Ali Qureshi, Research Officer (Unani) Nodal Officer (J. J. Co-Location), RRIUM, Mumbai

	Speaker	Topic
09:30 AM – 09:50 AM	Dr. Ruchika Kaul Ghanekar Scientific Advisor & Consultant, AyuGen Biosciences Pvt Ltd. Pune, Maharashtra, Former Director, Symbiosis Centre for Research and Innovation, Symbiosis International University	Phytochemical standardization and Anticancer Activity of <i>Habb-e-Musaffi Khoon</i>
09:50 AM – 10:10 AM	Dr. Amisha Vora Associate Professor, Shobhaben Pratapbhai Patel -School of Pharmacy & Technology Management, SVKM's NMIMS, Mumbai	Neuroprotective potential of <i>Majoon-e Nisyan</i> in an animal model of Alzheimer's disease.

10:10 AM – 10:30 AM	Dr. M. Rasool Professor & Director- Purchase, Vellore Institute of Technology, Vellore, Tamil Nadu	Exploring the therapeutic potential of <i>Majoon Ushba</i> , and Unani Medicine against psoriasis signalling (<i>Daus Sadaf</i>) with reference to IL-17 acytokine
10:30 AM – 10:50 AM	Dr. Sayeed Ahmad Director, Centre of Excellence in Unani Medicine (Pharmacognosy and Pharmacology), Professor, Pharmacognosy & Phytochemistry, Head, Department of Food Technology, In-Charge, Bioactive Natural Product Laboratory, Jamia Hamdard, New Delhi	Metabolomic profiling to strengthen evidence- based Unani therapeutics
10:50 AM- 11:00 AM	Discussion	
Rapporteurs	Dr. Parvez Khan , Research Officer (Unani), RRIUM, Aligarh Dr. Khemchand , Research Officer (Unani), CRIUM Lucknow	

11:00 AM – 11:20 AM | TEA BREAK



Scientific Session-III | 09:30 AM - 11:00 AM | Hall-C (Runanubandha)

Theme: Translational Research in Unani Medicine

Chairpersons **Prof. Sadiq Bapumiya Patel**, Prof. Emeritus, Former Vice Dean, JJ hospital, Former HOD, Dept of Pharmacology, Former Project head RRIUM, Mumbai
Dr. Mumtaz Ahmad, Deputy Director, Regional Research Institute of Unani Medicine, Patna, Bihar
Dr. Anwar Ahmed, Assistant Director (U), NRIUMSD, Hyderabad

	Speaker	Topic
09:30 AM – 09:50 AM	Dr. Nitin Sharma Head of Department, Professor, Amity Institute of Pharmacy, Amity University, Noida.	Colon targeting of Unani Medicine via gum (polysaccharide) based oral formulations for effective treatment of irritable bowel syndrome: Clinical Intervention by Gamma Scintigraphy.
09:50 AM – 10:10 AM	Dr. Navneet Sharma Assistant Professor, Amity Institute of Pharmacy, Amity University, Noida	Novel Unani Medicine infused Organic Oil based in-soles for diabetic foot care
10:10 AM – 10:30 AM	Dr. Mohd Urooj Research Officer, (Pharmacology), NRIUMSD, Hyderabad	Recent Research Trends in Preclinical Research

10:30 AM – 10:50 AM	Dr. Azizuddin Khan Professor, Psychophysiology Lab, Department of Humanities and Social Sciences, Indian Institute of Technology, Mumbai	Mijaz and the Mind: Integrating Unani Temperament Theory with EEG Analysis
10:50 AM- 11:00 AM	Discussion	
Rapporteurs	Dr. Abdul Aleem , Research Officer (Unani), RRIUM Silchar Dr. Jameel Ahmed , Research Officer (Pharmacogonosy), DSRI Ghaziabad	

11:00 AM – 11:20 AM | TEA BREAK

Scientific Session-IV | 11:20 AM – 01:00 PM | Hall-A (Rangaswar)

Theme: Advancements in Ilaj-bil-Ghiza: Nutrition, Dietetics and Lifestyle Management in Unani Medicine

Chairpersons **Dr. M.A. Qasmi**, Advisor (Unani), Ministry of Ayush
Prof. S.J.B. Bokhari, Professor & HoD, Department of Munafeul Aaza (Physiology) Government Nizamia Tibbia College, Hyderabad.
Prof. Irfan Ahmad, Professor and Head, Department of Mahiyatul Amraz, State Unani Medical College, Himmatganj, Paryagraj (UP),
Dr. Ghazala Javed, Assistant Director (Unani), CCRUM

	Speaker	Topic
11:20 AM – 11:40 AM	Representative of Food Safety and Standards Authority of India (FSSAI), New Delhi	Regulatory Framework and Compliance for the Development of Unani Ahaar
11:40 AM – 12:00 PM	Dr. Shaikh Nikhat Parveen Research Officer, Scientist Level-III, RRIUM Mumbai	Unani Ahaar in Tuberculosis Management
12:00 PM – 12:20 PM	Prof. Eram S. Rao Professor, Department of Food Technology, Bhaskaracharya College of Applied Sciences, University of Delhi	Unani Ahaar: Bridging traditional wisdom and modern nutrition science with Talbina Products

12:20 PM – 12:40 PM	Prof. Asia Sultana Professor, Department of Ilaj bit Tadbeer, Ajmal Khan Tibbiya College, Aligarh Muslim University, Aligarh	A meta-analysis on dietary (millet) intervention in metabolic signalling and glucose modulation.
12:40 PM- 01:00 PM	Discussion	
Rapporteurs	Dr. Arshid Iqbal , Research Officer (Unani), RRIUM Srinagar Dr. Huma , Research Officer (Unani), RRIUM Srinagar	

01:00 PM- 02:00 PM | Lunch Break

Scientific Session-V | 11:20 AM – 01:00 PM| Hall-B (Cultural)

Theme: Innovations in Clinical Practice and Disease Management

Chairpersons **Dr. Ranjit Mankeshwar**, Associate Professor, Department of Community Medicine, Grant Government Medical College & Sir J.J. Hospital, Mumbai
Dr. Younis Iftikhar Munshi, Deputy Director General, CCRUM, New Delhi
Dr. Syed Abbas Haidar Zaidi, Deputy Director In - charge, Regional Research Institute of Unani Medicine, Aligarh

	Speaker	Topic
11:20 AM – 11:40 AM	Dr. Uzma Bano HoD & Associate Professor, Dept. of Paediatrics, Jamia Hamdard, New Delhi	Development and evaluation of Novel Unani Paediatric formulation for abdominal discomfort in children
11:40 AM – 12:00 PM	Prof. Mohd Aleemuddin Quamri Professor & HoD, Dept. of Amraze Jild wa Tazeeniyat (Skin and Cosmetology) & Moalajat (I/c), National Institute of Unani Medicine, Bengaluru	Evidence-based Unani care in skin disorders

12:00 PM – 12:20 PM	Dr. Ghazala Mulla Vice Principal & H.O.D., Dept. of Physiology, Z.V.M. Unani Medical College, Pune	Regimenal Therapies (<i>Ilaj bil Tadbir</i>) in chronic disease management - Evidence based applications of Hijamah therapy with special reference to type 2 Diabetes MELLITUS.
12:20 PM – 12:40 PM	Dr. Humaira Bano Research Officer (Unani), Scientist Level-IV, RRIUM Mumbai	Integrating Modern Research Tools with Unani Principles: A pathway to evidence- based validation
12:40 PM- 01:00 PM	Discussion	
Rapporteurs	Dr. M. A. Waheed , Research Officer (Unani), RRIUM Bhadrak Dr. Mohd. Mudassir , Research Officer (Unani), RRIUM Bhadrak Dr. Mohammad Usama , Research Officer (Unani), RRIUM, Patna	

01:00 PM- 02:00 PM | Lunch Break

Scientific Session-VI | 11:20 AM – 01:00 PM | Hall-C (Runanubandha)

Theme: Recent Advancement in Unani Research

Chairpersons **Dr. Kommu Nagaiah**, Sr. Principal Scientist, Indian Institute of Chemical Technology (IICT) Hyderabad
Dr. Munira Momin, Principal and Professor, SVKM's Dr. Bhanuben Nanavati College of Pharmacy, Mumbai
Dr. Najeebul Hasan, Director, National Research Institute of Unani Medicine for Skin Disorders, Hyderabad

	Speaker	Topic
11:20 AM – 11:40 AM	Dr. Mohammad Nawab Research Officer (Unani), Scientist Level-III, RRIUM, Kolkata	Understanding cerebro-asthenia (Zuf al Dimagh): a rational approach for its assessment and treatment in clinical practice
11:40 AM – 12:00 PM	Prof. Khan Mohammad Qaiser Professor & HoD, Dept. of Tahaffuzi wa Samaji Tib, Anjuman I Islam's Dr.M.I.J. T Unani Medical College & H.A.R. Kalsekar, Hospital Mumbai, Maharashtra	Mental Health in Unani Medicine: A Classical Contemporary Perspective
12:00 PM – 12:20 PM	Dr. Mohd. Kashif Husain Research Officer (Unani), NRIUMSD, Hyderabad	Innovation technique in conservation and sustainable use of Medicinal Plants



12:20 PM – 12:40 PM	Dr. Misbahuddin Azhar, Research Officer (Unani), Scientist Level-IV, RRIUM, Aligarh	Integration of Unani Medicine with Modern Technology in Dermatology
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12:40 PM- 01:00 PM	Discussion
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Rapporteurs	Dr. Vandana Rajak, Research Officer (Unani), CRU Bhopal Dr. Farhath Fathima, Research Officer (Unani), CRU Kerala
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01:00 PM- 02:00 PM | Lunch Break



Scientific Session-VII | 02:00 PM – 04:00 PM | Hall-A (Rangaswar)

*Theme: Advancements in Ilaj-bil-Tadbir (Regimenal Therapy)
and Health and Wellness*

Chairpersons **Dr. Veena Gupta**, (Head Division of Germplasm Conservation), ICAR-National Bureau of Plant Genetic Resources, New Delhi.

Prof. (Dr.) Qazi Rashid Anwar, Dean (Principal & Superintendent), Professor & HOD, Amraz-e-Ain, Uzn, Anaf, Halq wa Asnan, Anjuman-i-Islam's Dr. M.I.J. Tibbia Unani Medical College & H.A.R. Kalsekar Tibbia Hospital, Mumbai, Maharashtra

Dr. Najmus Sehar, Deputy Director, Central Research Institute of Unani Medicine, Lucknow, UP.

Dr. K. Kabiruddin Ahmed, Deputy Director, Regional Research Institute of Unani Medicine, Chennai, Tamil Nadu

	Speaker	Topic
02:00 PM – 02:20 PM	Prof. Mohd Anwar Professor, Dept. of Ilaj Bit Tadbeer, AKTC, Aligarh Muslim University, Aligarh	Evidence based evaluation of regimenal therapies in chronic Rheumatological disorders.
02:20 PM – 02:40 PM	Dr. Noman Anwar Research Officer (Unani), CRIUM, Lucknow	Revival of some important regimens in <i>Ilaj-bil-Tadbir</i>
02:40 PM – 03:00 PM	Dr. Tamanna Nazli , Research Officer (Unani), RRIUM, Delhi	SOPs on <i>Hijama</i> (Cupping) – An overview

03:00 PM – 03:20 PM	Dr. Farooqui Shazia Parveen, Research officer (Unani), RRIUM, Chennai	Integration of traditional regimens into modern rehabilitation medicine
03:20 PM – 03:40 PM	Dr. Shaista Urooj Research Officer (Unani), RRIUM Delhi	Use of AI related interventions in the advancement of <i>Ilaj-bil- Tadbir</i> (Regimenal Therapy)
03:40 PM – 04:00 PM	Discussion	
Rapporteurs	Dr. Mohd. Masihuzzaman, Research Officer (Unani), RRIUM, Kolkata Sh. Shoaib Ahmed Ansari, Research Officer (Chemistry), DSRI, Ghaziabad	



Scientific Session-VIII | 02:00 PM – 04:00 PM | Hall-B (Cultural)

Theme: Role of Genomics and Artificial Intelligence in Research and Development of Unani Medicine

Chairpersons **Dr Farha Rizwan Sikalgar**, Principal, ZVM Unani medical college and Hospital Azam Campus, Pune.
Dr. Ziaul Haq Siddiqui, Deputy Director, Regional Research Institute of Unani Medicine, New Delhi
Prof. Dr. Arzeena Jabeen, Assistant Director (Unani), NRIUMSD, Hyderabad

	Speaker	Topic
02:00 PM – 02:20 PM	Dr. Mohammed Idris Chief Scientist, CSIR- Centre for Cellular and Molecular Biology (CCMB), Hyderabad	DNA Barcoding as a Tool for Quality Assurance in Unani Medicine
02:20 PM – 02:40 PM	Prof. B. Vijaya Lakshmi , Professor & Director In- charge, Institute of Genetics & Hospital for Genetic Diseases, Osmania University, Hyderabad	Unani Genomics –A Way Forward
02:40 PM – 03:00 PM	Dr. Usama Akram Research Officer (Unani), Scientist level-III, CCRUM, Hqrs., New Delhi	Artificial Intelligence (AI) and Digital initiatives of CCRUM
03:00 PM – 03:20 PM	Dr. Md. Manzar Alam Research officer (Unani), Scientist level- II, RRIUM, Patna	Exploring the potential of Artificial Intelligence in Unani Medicine

03:20 PM –	Prof. Qamar Uddin	Highlights of
03:40 PM	Research officer (Unani), Scientist Level-IV, NRIUMSD, Hyderabad	Fundamental Research Program of NRIUMSD, Hyderabad
03:40 PM –	Discussion	
04:00 PM		
Rapporteurs	Dr. Manchala Ashok , Research Officer (Unani), CRU, Kurnool Dr. Arisha Shahid , Research Officer (Unani) (I/c), CRU Bangalore	

Scientific Session-IX | 02:00 PM – 04:00 PM | Hall-C (Runanubandha)

Theme: Evidence-Based Perspectives from Unani Classics and Drug Standardization in Unani Medicine

Chairpersons **Dr Jaleel Ahmed**, Vice Principal, ZVM Unani Medical College and Hospital Azam Campus, Pune.
Prof. Basir Lodi, Former HOD, Department of Anatomy, Anjuman-I-Islam's Dr. M.I.J. Unani Medical College and H.A.R. Kalsekar Tibbia Hospital, Mumbai, Maharashtra
Dr. Rashidullah Khan, Assistant Director, Hakim Ajmal Khan Institute for Literary and Historical Research in Unani Medicine, New Delhi

	Speaker	Topic
02:00 PM – 02:20 PM	Dr. Amanullah Research Officer (Unani), Scientist Level-IV, CCRUM- Hqrs., New Delhi	Journey towards the development of Mizaj Assessment Tool
02:20 PM – 02:40 PM	Dr. Fakhre Alam Research Officer (Unani), Scientist Level-IV, RRIUM, Aligarh	Contribution of Hakim Ajmal Khan to the Rational Use of Unani Medicine
02:40 PM – 03:00 PM	Dr. Munira Momin Principal and Professor, SVKM's Dr. Bhanuben Nanavati College of Pharmacy, Mumbai	Reimagining Unani Therapeutics through advanced pharmaceutical formulation Technologies

03:00 PM – 03:20 PM	Prof. Lokesh Kumar Bhatt Professor, Dept. of Pharmacology, SVKM's Dr. Bhanuben Nanavati College of Pharmacy, Mumbai	Pharmacological Exploration of Unani Medicine: Integrating Bioassays and In Silico Experiments for Molecular Validation
03:20 PM – 03:40 PM	Dr. Bilal Ahmed Research Officer (Unani), Scientist Level-IV, HAKILHRUM, New Delhi	Evidence based initiatives under Literary Research Program
03:40 PM – 04:00 PM	Discussion	
Rapporteurs	Dr. Ashok Kumar , Research Officer (Pathology) I/c, RRC Prayagraj Dr. Yasmin Fatima , Research Officer (Unani) (I/c), CRU, Burhanpur	

04:00 PM - 04:45 PM |Concluding Session |Hall-A (Rangaswar)

Rapporteurs	Dr. Priyanka Verma , Research Officer (Biochemistry), RRIUM Delhi Dr. Nazim Husain , Research Officer (Unani), RRIUM, Silchar
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04:45 PM - 05:00 PM | Networking and Tea



Central Council for Research in Unani Medicine

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