





# Unani Day 2025 & International Conference on

"Innovations in Unani Medicine for Integrative Health Solutions - A way forward"

February 11 - 12, 2025 | Vigyan Bhawan, New Delhi

#### Organized by

Central Council for Research in Unani Medicine Ministry of Ayush, Govt. of India

Hybrid Conference

Programme Schedule



# Programme Schedule

# Day-1 | 11<sup>th</sup> Feb, 2025 – (Tuesday)

| 12:30 -14:30         | Seating as per security protocol (Entry to Plenary Hall closes at 15:00)  |                                 |                                    |
|----------------------|---|---------------------------------|------------------------------------|
| 14:30 - 15:30        | Pre-Inaugural displays  |                                 |                                    |
| 16:00 -17:00         | Inaugural Session presided by the H   | on'ble Preside                  | nt of India.                       |
| Rapporteur           | Dr. Meraj ul Haque, Research Officer (Unani), Hakim Ajmal<br>Khan Institute for Literary & Historical Research in Unani<br>Medicine, New Delhi.<br>Dr. Anwar Jamal, Research Officer (Unani), Regional Research<br>Institute of Unani Medicine, New Delhi.<br>Dr. Umer Hussain, Senior Research Fellow (Unani), Drug<br>Standardization Research Unit, New Delhi. |                                 |                                    |
| 17:00 -<br>17:30     | Launch/Releases/Appreciation Certificates by Hon'ble<br>Minister, Ayush   |                                 |                                    |
| 17:30 -<br>18:30     | Plenary Hall  | Hall 4                          | Hall 5                             |
| Keynote<br>Addresses | Prof. Asim Ali Khan Former Director General, Central Council for Research in Unani Medicine, Dean, School of Unani Medical Education and Research (SUMER) and Chief Medical Superintendent (CMS), Majeedia Unani Hospital, Jamia Hamdard, New Delhi.  | Webcast<br>from<br>Plenary Hall | Webcast<br>from<br>Plenary<br>Hall |
|                      | Lt. General Ashok Jindal<br>Executive Director and CEO -<br>All India Institute of Medical<br>Sciences (AIIMS) Raipur.  |                                 |                                    |



| 17:30 -<br>18:30 | Plenary Hall  | Hall 4                             | Hall 5                             |
|------------------|---|------------------------------------|------------------------------------|
|                  | Prof. Saiyad Shah Alam<br>Director, National Institute of<br>Unani Medicine, Bengaluru.   | Webcast<br>from<br>Plenary<br>Hall | Webcast<br>from<br>Plenary<br>Hall |
| Moderator        | Dr. Virendra M. Tiwari, Director, C<br>Institute of Science & Technology<br>Jorhat, Assam   |                                    |                                    |
| Rapporteurs      | Dr. Jamal Akhtar, Research Officer (Unani), Scientist- IV, Central Council for Research in Unani Medicine, Headquarters, New Delhi  Dr. Usha, Research Officer (Botany), Scientist-II, Central Council for Research in Unani Medicine, Headquarters, New Delhi  Dr. Kamar Sultana, Research Associate (Unani), Central Council for Research in Unani Medicine, Headquarters, New Delhi. |                                    |                                    |

#### Dinner



Date: 12th Feb, 2025 – (Wednesday)

#### Panel Discussion - I | 10:00 - 11:30 | Plenary Hall

Theme: Integrative Health Solutions through Unani Medicine: Country Perspective

| Moderator | Dr. N. Zaheer Ahmed, Director General, Central<br>Council for Research in Unani Medicine, New<br>Delhi.   |  |
|-----------|---|--|
|           | Dr. Geetha Krishnan G Pillai, Unit Head,<br>Traditional Medicine Research and Evidence, WHO<br>Global Traditional Medicine Centre, Universal<br>Health Care- Life course, WHO HQ.   |  |
| Panellist | National Prof. AK Azad Khan, President,<br>Diabetic Association of Bangladesh & Regional<br>Chair, South East Asia, IDF, Bangladesh.  |  |
|           | Prof. Alireza Abbassian, Head, Traditional<br>Medicine Dept., School of Persian Medicine,<br>Tehran University of Medical Sciences, Iran.   |  |
|           | Ms. Sharifah Firyelhana binti Syed Abdul<br>Rahman, Disciplinary and Ethics Unit Traditional<br>and Complementary Medicine Council Section<br>Traditional and Complementary Medicine Division,<br>Ministry of Health, Malaysia. |  |



#### Panel Discussion - I | 10:00 - 11:30 | Plenary Hall

Theme: Integrative Health Solutions through Unani Medicine: Country
Perspective

| Perspective |   |
|-------------|---|
|             | Dr. Rhoda Deers, Reg. Unani Tibb Practitioner & Associate Lecturer Anthropology Department, University of Western Cape, South Africa, Unani Tibb representative for Professional Board of Ayurveda, Chinese and Unani Medicine (PBACMU) on the AHPCSA, South Africa.  |
| Rapporteurs | Dr. Farah Ahmed, Research Officer (Unani) Scientist-III, Central Council for Research in Unani Medicine, Headquarters, New Delhi.  Dr. Suheena Khanday, Research Officer (Unani) Scientist-I, Central Council for Research in Unani Medicine, Headquarters, New Delhi.  Dr. Kamar Sultana, Research Associate (Unani), Central Council for Research in Unani Medicine, Headquarters, New Delhi. |

#### 11:30 AM - 11:45 AM | Tea Break



#### Scientific Session-I | 10:00 - 11:30 | Hall -4

Theme: Unani Medicine for Globalized Health-Unlocking New Opportunities.

| Chairpersons                   | Dr. Mogana Sundari Rajagopal, Dean Faculty of Pharmaceutical Sciences, UCSI, University, Kuala Lumpur, Malaysia.  Dr. Arzeena Jabeen, Assistant Director, National Research Institute of Unani Medicine for Skin Disorders, Hyderabad.  Dr Surender Singh, Professor, Dept. of Pharmacology, All India Institute of Medical Sciences, New Delhi. |  |
|--------------------------------|--|--|
| Time                           | Speaker Name   | Topic  |
| 10:00 - 10:15<br>10:15 - 10:30 | Dr. Mohammed Idris Senior Principal Scientist, CSIR-CCMB, Hyderabad  Ms. Umedakhon Yuldasheva Dean, Faculty of Pharmacy,   | DNA Barcode Library<br>for Authenticating<br>Plant-Based Drugs in<br>Unani Pharmacopoeia<br>and Medicine.<br>Role of Medicinal Plants<br>in Phytotherapy of<br>Metabolic Syndrome        |
|                                | Avicenna Tajikistan State<br>Medical University  |  |
| 10:30 - 10:45                  | Prof. M. Rasool Professor and Assistant Director, Sponsored Research and Industrial Consultancy Bioscience and Technology, Vellore Institute of Technology, Vellore  | Majoon chobchini<br>inhibits dendritic cell<br>activation via increased<br>PD-L1 expression and<br>reinvigorates the<br>Th17/Treg balance in the<br>treatment of rheumatoid<br>arthritis |



#### Scientific Session-I | 10:00 - 11:30 | Hall -4

Theme: Unani Medicine for Globalized Health-Unlocking New Opportunities.

| 10:45 - 11:00 | Dr. Tanveer Naved<br>Deputy Dean , Faculty of<br>Health and Allied<br>Sciences ,Amity<br>University, Noida  | Significance of<br>Adaptogen and<br>Immunomodulator<br>Medicinal Plants in the<br>Post-Covid-19 Era                |
|---------------|---|--|
| 11:00 - 11:15 | Dr. Amisha Vora<br>Associate Professor, SPP<br>School of Pharmacy &<br>Technology Management,<br>SVKM's NMIMS,<br>University of Mumbai,<br>Maharashtra  | Neuroprotective<br>potential of Majoon<br>Nisyan in amyloid beta<br>induced animal model<br>of Alzheimer's disease |
| Rapporteurs   | Dr. Mustehasan, Research Officer (Unani) Scientist- III, Drug Standardization Research Unit, New Delhi Dr. Tamana Nazli, Research Officer (Unani) Scientist-I, Regional Research Institute of Unani Medicine, New Delhi.  Mr. Anas Alvi, Research Assistant (Chemistry), Drug Standardization Research Unit, New Delhi. |  |

# 11:30 AM - 11:45 AM | Tea Break



Date: 12<sup>th</sup> Feb, 2025 – (Wednesday)

#### Scientific Session-II | 10:00 - 11:30 | Hall - 5

Theme: Moving towards Sustainable Development Goal -3: Good Health and Well Being

#### Chairpersons

Unani Medicine

**Dr. Raman Mohan Singh**, Director, Pharmacopoeia Commission for Indian Medicine & Homoeopathy.

**Dr. Syed Imamuddin Ahmed**, Former Principal, Govt. Unani Medical College Chennai & Chairman IEC, Regional Research Institute of Unani Medicine, Chennai.

**Dr. K. Nagaiah**, Chief Scientist & Head - Centre for Natural Product and Traditional Knowledge, CSIR-IICT, Hyderabad.

Prof. Arman Zargaran, Vice, International Affairs, Ministry of Health and Medical Education and Associate. Professor, Traditional Pharmacy, Tehran University of Medical Sciences, Iran.

**Dr. Mumtaz Ahmad**, Deputy Director, Regional Research Institute of Unani Medicine, Patna



| Time          | Speaker Name  | Topic   |
|---------------|---|---|
| 10:00 - 10:15 | Dr. Deepika Gunawant<br>Senior Consultant, Max<br>Multi Speciality Centre,<br>New Delhi   | Sustainable Development Goal for Good health and wellbeing- through Indian Traditional systems of medicine.         |
| 10:15 - 10:30 | Prof. Kavita Gulati<br>Director-Professor and<br>Head, Department of<br>Pharmacology,<br>Vallabhbhai Patel Chest<br>Institute, University of<br>Delhi | Integrating Unani<br>Medicine with Modern<br>Medicine for Sustainable<br>Management of Drug<br>Induced Liver Injury |
| 10:30 - 10:45 | Dr. Manish Pande Director & Head of Project Analysis and Documentation Division (PADD), Quality Council of India (QCI)                                | Role of Conformity<br>Assessment in<br>Strengthening the Unani<br>System.   |
| 10:45 - 11:00 | Dr. Kashipa Harit<br>Deputy Director,<br>National Accreditation<br>Board for Hospitals &<br>Healthcare Providers,<br>New Delhi                        | Developing Standards for<br>Ayush Hospitals.  |
| 11:00 - 11:15 | Prof. Mubashir Masoodi<br>HoD, Dept. of<br>Pharmaceutical Science<br>University of Kashmir  | Traditional Medicine<br>Re-imagined: A<br>Pathway to Integrative<br>Wellness  |



| 11:15 -11:30 | Dr. Athar Parvez Ansari<br>Research Officer<br>(Unani) Scientist-II,<br>Regional Research<br>Institute of Unani<br>Medicine, Chennai.   | Unani Panacea for Non<br>Healing Foot Ulcer. |
|--------------|---|--|
| Rapporteurs  | Dr. Nighat Anjum, Research Officer (Unani) Scientist-IV, Central Council for Research in Unani Medicine, Headquarters, New Delhi.  Dr. Shaista Urooj, Research Officer (Unani) Scientist-II, Regional Research Institute of Unani Medicine, New Delhi  Dr. Irshad, Research Associate (Unani), Central Council for Research in Unani Medicine, Headquarters, New Delhi. |  |

# 11:30 AM - 11:45 AM | Tea Break



Date: 12th Feb, 2025 – (Wednesday)

#### Scientific Session-III |10:00 - 11:30 | Hall -6

Theme: Integrating Traditional Medicine into Healthcare Systems

| Chairpersons  | Dr. M. A. Waheed, Former Head, Central Research Institute of Unani Medicine Hyderabad, CCRUM.  Prof. (Dr.) Ajay Shukla, Director & Medical Superintendent, Atal Bihari Vajpayee Institute of Medical Sciences & Dr. Ram Manohar Lohia Hospital, New Delhi.  Dr. K. Jagannathan, President, Board of Unani Siddha and Sowa Rigpa, National Commission for Indian System of Medicine (NCISM), New Delhi.  Dr. Pawan Kumar Godatwar, Technical Officer (Traditional Medicine) WHO, SEARO  Dr. Younis I. Munshi, Deputy Director, NRIUMSD, Hyderabad |  |
|---------------|--|--|
| Time          | Speaker Name   | Topic  |
| 10:00 - 10:15 | Dr. Raghu Arackal Deputy Director General (Ayush), Director General of Health Services (DGHS), MoHFW, Government of India  | Ayush for Public Health  |
| 10:15 - 10:30 | Prof. Jugal Kishore<br>Director, Department of<br>Community Medicine,<br>VMMC and Safdarjung<br>Hospital, New Delhi  | Integrating Traditional<br>Medicine in Public Health<br>System |



#### Scientific Session-III | 10:00 - 11:30 | Hall -6

Theme: Integrating Traditional Medicine into Healthcare Systems

| 10:30 - 10:45 | Prof. Suhel Parvez<br>Toxicology Department,<br>Jamia Hamdard, New<br>Delhi   | Neuroinflammation and<br>Motor Function Rescue:<br>Unveiling Majun<br>Falasfa's Role in<br>Alzheimer's Disease<br>Therapy |
|---------------|---|---|
| 10:45 - 11:00 | Dr. Tasnim Vahed<br>Unani representative<br>and Chair of<br>Professional board of<br>Ayurveda, Chinese and<br>Unani medicine<br>(PBACMU) on the<br>AHPCSA, South Africa | Integrating Traditional<br>Medicine into Health Care<br>System.   |
| 11:00 - 11:15 | Mr. Mirrakhimov Jamshid Abdullayevich Head, Department/Director, The Ministry of Health/Republican Scientific-Practical Centre of Folk/Traditional Medicine, Uzbekistan | Regulatory and legal<br>bases of folk medicine in<br>the Republic of<br>Uzbekistan  |
| 11:15 - 11:30 | Dr. Riyaadh Mohamed<br>Training and Research<br>Medical Director, Ibn<br>Sina Institute of Tibb,<br>South Africa  | The Ibn Sina Institute of<br>Tibb: Integrating Unani-<br>Tibb into the South<br>African Healthcare<br>System.             |



#### Scientific Session-III | 10:00 - 11:30 | Hall -6

Theme: Integrating Traditional Medicine into Healthcare Systems

| Rapporteurs | Dr. Pradeep Kumar, Research Officer (Pathology)     |
|-------------|---|
|             | Scientist-IV, Central Council for Research in Unani |
|             | Medicine, Headquarters, New Delhi.                  |
|             | Dr. Jamal Akhtar, Research Officer (Unani)          |
|             | Scientist-IV, Central Council for Research in Unani |
|             | Medicine, Headquarters, New Delhi.                  |
|             | Dr. Fouzia Bashir, Research Associate (Unani),      |
|             | Central Council for Research in Unani Medicine,     |
|             | Headquarters, New Delhi.                            |
|             | ,   |

#### 11:30 AM - 11:45 AM | Tea Break





Date: 12th Feb, 2025 – (Wednesday)

#### Panel Discussion -II |11:45 - 13:00 | Plenary Hall

Theme: Integrative Health Solutions through Unani Medicine: Country perspective

| Moderator | Dr. N. Zaheer Ahmed, Director General, Central  |  |
|-----------|---|--|
|           | Council for Research in Unani Medicine, New Delhi.  |  |
|           | Dr. Geetha Krishnan G Pillai, Unit Head,  |  |
|           | Traditional Medicine Research and Evidence, WHO   |  |
|           | Global Traditional Medicine Centre, Universal Health Care- Life course, WHO HQ.   |  |
| Panellist | National Prof. AK Azad Khan, President, Diabetic<br>Association of Bangladesh & Regional Chair, South<br>East Asia, IDF, Bangladesh.                |  |
|           | Prof. Mohamed Shiffa, Professor, Dept. of Unani<br>Clinical Medicine, Faculty of Indigenous Medicine,<br>University of Colombo, Srilanka.           |  |
|           | Ms. Yuldasheva Umedakhon Pulatovna, Dean &<br>Associate Professor, Faculty of Pharmacy, Avicenna<br>Tajikistan State Medical University, Tajikistan |  |
|           | Dr. Benazir Fahimuddin Quraishi, Medical<br>Director, Unani Physician Wafi Hospitality L.L.C<br>Dubai, UAE.   |  |
|           | Mr. Rakhimkulov Farkhod Abduraufovich, Head,<br>Secretariat of Minister in the Ministry of Health,<br>Uzbekistan.                                   |  |



#### Panel Discussion -II |11:45 - 13:00 | Plenary Hall

Theme: Integrative Health Solutions through Unani Medicine: Country perspective

| Committy per apecture |  |  |
|-----------------------|--|--|
| Rapporteurs           | <b>Dr. Amanullah</b> , Research Officer (Unani) Scientist-IV, Central Council for Research in Unani Medicine, Headquarters, New Delhi. |  |
|                       | Dr. Mohd. Wasim Ahmed, Research Officer (Unani),<br>Drug Standardization Research Institute, Ghaziabad                                 |  |
|                       | <b>Dr. Mantasha</b> , Research Associate (Unani), Central<br>Council for Research in Unani Medicine, Headquarters,<br>New Delhi.       |  |

13:00 - 14:00 | Lunch Break



Date: 12th Feb, 2025 – (Wednesday)

#### Scientific Session-IV |11:45 - 13:00 | Hall -4

Theme: Development of Unani Aahar (Diet): Through Scientific Approach

| Chairpersons  | Prof. Abdul Quavi, Principal & Medical Superintendent, State Takmeel-ut-Tib College and Hospital, Lucknow  Dr. Asma Sattar, Research Officer I/c, Drug Standardization Research Institute, Ghaziabad |   |
|---------------|--|---|
| Time          | Speaker Name   | Topic   |
| 11:45 - 12:00 | Prof. Asia Sultana,<br>Head, Department of Ilaj<br>bil Tadbir, AKTC, Aligarh<br>Muslim University,<br>Aligarh  | Colonisation of Indian<br>food Industry: Legacy and<br>Modern health challenges   |
| 12:00 - 12:15 | Prof. Geer Mohammad<br>Ishaq<br>Dept. of Pharmaceutical<br>Sciences, University of<br>Kashmir, J&K   | Emerging role and<br>significance of Unani<br>Medicine in the world of<br>integrative, holistic and<br>lifestyle medicine |
| 12:15 - 12:30 | Dr. Khalid Zaffar<br>Masoodi Associate<br>Prof./Senior Scientist,<br>Division of Plant<br>Biotechnology,<br>SKUAST-K, Srinagar   | Magic food from<br>Himalaya against prostate<br>cancer.   |



|                 | Rapporteurs | Dr. Noman Anwar, Research Officer (Unani)                   |
|-----------------|-------------|---|
| Scientist-II, I |             | Scientist-II, Regional Research Institute of Unani          |
|                 |             | Medicine, Chennai   |
|                 |             | Dr. Khadijah Abdul Hafeez, Research Officer                 |
|                 |             | (Unani), Central Council for Research in Unani              |
|                 |             | Medicine, Headquarters, New Delhi.                          |
|                 |             | <b>Dr. Gulwaiz Akhtar</b> , Senior Research Fellow (Botany) |
|                 |             | Drug Standardization Research Unit, New Delhi.              |
|                 |             |   |
|                 |             |   |

13:00 - 14:00 | Lunch Break



Date: 12th Feb, 2025 – (Wednesday)

#### Scientific Session-V |11:45 - 13:00 | Hall -5

Theme: Harnessing Artificial Intelligence and Machine learning for Ayush/Traditional Medicine: Prospects and Challenges

| Chairpersons  | Dr. Mohammad Kamil, Director General Lotus Holistic Health Institute, UAE  Dr. Ziaul Haq Siddiqui, Deputy Director, Regional Research Institute of Unani Medicine, Delhi.  Dr. Mohammad Zubair, Head Sales & Medico Marketing, Hamdard Laboratories, New Delhi.  Dr. Akhtar Hussain Jamali, Research Officer I/c, Regional Research Institute of Unani Medicine, Silchar |  |
|---------------|--|--|
| Time          | Speaker Name   | Topic  |
| 11:45 - 12:00 | Dr. Khalid Raza<br>Associate Professor,<br>Department of<br>Computer Science,<br>Jamia Millia Islamia,<br>New Delhi  | Empowering Unani<br>System of Medicine<br>with AI and Machine<br>Learning: Prospects &<br>Challenges             |
| 12:00 - 12:15 | Dr. Sayeed Ahmad<br>Head, Dept. of Food<br>Technology, SIST,<br>School of<br>Pharmaceutical<br>Education & Research,<br>Jamia New Delhi.   | Advanced analytical<br>methods for Quality<br>Control, pharmacokinetics<br>and metabolomics of<br>Unani Medicine |



#### Scientific Session-V | 11:45 - 13:00 | Hall -5

Theme: Harnessing Artificial Intelligence and Machine learning for Ayush/ Traditional Medicine: Prospects and Challenges

| 12:15 - 12:30 | Dr. Sandeep Chaudhary Dean, Associate Professor & HOD, Department of Medicinal Chemistry Bioactive Heterocycles and Catalysis Laboratory (BHC Lab), National Institute of Pharmaceutical Education and Research, Raebareli (NIPER-R) | Artificial Intelligence<br>and Machine Learning-<br>Assisted Drug<br>Discovery in<br>Ayush/Traditional<br>Medicine with special<br>emphasis on Virtual<br>Screening: Challenges<br>and Opportunities |
|---------------|--|--|
| 12:30-12:45   | Dr. Kushagra Khanna Head of Research, QS Coordinator & Industrial Coordinator Assistant Professor, Department of Pharmaceutical Technology. Faculty of Pharmaceutical Sciences. UCSI University, Kuala Lumpur, Malaysia:             | Harnessing AI for<br>Advancing the Unani<br>System of Medicine:<br>Formulation,<br>Standardization<br>Challenges and<br>Opportunities.   |
| 12:45-13:00   | Dr. Saketh Ram Thrigulla (Virtual), Research Officer (Ayurveda)-National Institute of Indian Medical Heritage, CCRAS, Hyderabad  | Specific Considerations<br>for Responsible usage<br>of AI for Unani System<br>of Medicine and other<br>Ayush Systems.  |





#### Scientific Session-V |11:45 - 13:00 | Hall -5

Theme: Harnessing Artificial Intelligence and Machine learning for Ayush/ Traditional Medicine: Prospects and Challenges

#### Rapporteurs

**Dr. Usama Akram**, Research Officer (Unani) Scientist-II, Central Council for Research in Unani Medicine, Headquarters, New Delhi.

**Dr. Nighat Parveen**, Research Associate (Unani), Central Council for Research in Unani Medicine, Headquarters, New Delhi.

**Dr. Taruba**, Research Associate (Botany), Central Council for Research in Unani Medicine, Headquarters, New Delhi.

13:00 - 14:00 | Lunch Break



Date: 12th Feb, 2025 – (Wednesday)

#### Scientific Session-VI | 11:45 - 13:00 | Hall - 6

Theme: Unani Perspectives on Mental Health and Well-Being

| Chairpersons  | Prof. M. Idris, Former Principal & Dean , A & U Tibbia College, Karol Bagh, New Delhi  Mr. Bakhodir Temirov, Deputy Director, Republican Scientific-Practical Center of Folk medicine, Ministry of Health, Uzbekistan.  Prof. Aleemuddin Quamri, Prof & Head, Dept of Amraze Jild wa Tazeeniyat & Incharge, Moalajat, National Institute of Unani Medicine, Bengaluru  Ms. Amina Al Haidan, Founder & Chairperson,Lotus Holistic Center & Institute, Abu Dhabi, UAE  Dr. Rampratap Meena, Assistant Director (Chemistry), Central Council for Research in Unani Medicine, Headquarters, New Delhi. |  |
|---------------|--|--|
| Time          | Speaker Name   | Topic  |
| 11:45 - 12:00 | Dr. Mujeeb Hoosen<br>Coordinator, Unani Tibb,<br>School of Natural<br>Medicine Faculty of<br>Community & Health<br>Sciences, University of<br>the Western Cape<br>(UWC), South Africa  | Transforming Unani<br>Medicine: Spiritual Care<br>Research in South Africa |



# Scientific Session-VI |11:45 - 13:00 | Hall - 6

Theme: Unani Perspectives on Mental Health and Well-Being

| 12:00 - 12:15 | Dr. Yumna Mayet<br>Unani Tibb<br>representative on the<br>Allied Health Professions<br>Council of South Africa<br>(AHPCSA), South Africa | Ancient Wisdom,<br>Modern Minds: Unani<br>Medicine for a New Era<br>in Mental Health and<br>Wellbeing                                       |
|---------------|--|---|
| 12:15-12:30   | Prof. Ashhar Qadeer<br>Department of Kulliyat,<br>Faculty of Unani<br>Medicine, Aligarh<br>Muslim University,<br>Aligarh                 | Unani Perspectives on<br>Mental Health and Well-<br>Being   |
| 12:30-12:45   | Dr. MD. Imtaiyaz Hassan Assistant prof., Centre for Interdisciplinary Research in Basic Sciences, Jamia Millia Islamia, New Delhi        | Preparation and<br>characterization of Unani<br>plant extracts for<br>targeting of Alzheimer's<br>disease via modulation of<br>human kinase |
| 12:45-13:00   | Dr. Nikhat Shaikh<br>Research Officer<br>(Unani), S-III, Regional<br>Research Institute of<br>Unani Medicine,<br>Mumbai                  | Reviving Regimenal<br>Therapies: Evidence-<br>Based Solutions for<br>Mental Health and<br>Disease   |



#### Scientific Session-VI | 11:45 - 13:00 | Hall - 6

Theme: Unani Perspectives on Mental Health and Well-Being

| (Patholog |  | Pr. Meena Kumari Nayak, Research Officer (Pathology), Regional Research Institute of Unani Medicine, New Delhi.     |
|-----------|--|---|
|           |  | <b>Dr. Shaista Urooj,</b> Research Officer (Unani),<br>Regional Research Institute of Unani Medicine, New<br>Delhi. |
|           |  | <b>Dr. Safdar,</b> Research Associate (Unani), Regional Research Institute of Unani Medicine, New Delhi             |

# 13:00 - 14:00 | Lunch Break



# Date: 12th Feb, 2025 – (Wednesday) Keynote Addresses | 14:00 - 15:00 | Plenary Hall

| Dr. Mogana Sundari Rajagopal, Dean, Faculty of  |  |
|---|--|
| Pharmaceutical Sciences, UCSI, University of Kuala                                      |  |
| Lumpur, Malaysia.   |  |
| Prof. Arman Zargaran, Vice, International Affairs,                                      |  |
| Ministry of Health and Medical Education and  |  |
| Associate Professor, Traditional Pharmacy, Tehran University of Medical Sciences, Iran. |  |
| Dr. Ahmed Sayeed, Research Officer (Unani),   |  |
| Scientist-IV, Hakim Ajmal Khan Institute for  |  |
| Literary & Historical Research in Unani Medicine,<br>New Delhi.                         |  |
| Dr. Priyanka Verma, Research Officer (Chemistry),                                       |  |
| Regional Research Institute of Unani Medicine, New Delhi.                               |  |
| Dr. Humaira Shazia, Senior Research Fellow  |  |
| (Unani), Regional Research Institute of Unani<br>Medicine, New Delhi.                   |  |
|   |  |

#### 15:30 - 15:45 | High Tea



Date: 12th Feb, 2025 – (Wednesday)

#### Scientific Session-VII |14:00 - 15:30 | Hall -4

Theme: Translational Research in Unani/Traditional Systems of Medicine

| Chairpersons  | Mr. Rakhimkulov Farkhod Abduraufovich, Head, Secretariat of Minister in the Ministry of Health, Uzbekistan.  Dr. Mujeeb Hoosen, Coordinator of Unani Tibb, School of Community and Health Sciences, University of Western Cape, South Africa.  Dr. Parvez Khan, Research Officer I/c, Regional Research Institute of Unani Medicine, Aligarh. |  |
|---------------|---|--|
| Time          | Speaker Name  | Topic  |
| 14:00 – 14:15 | Prof. Farhan Jalees Dept. of Pharmaceutics, School of Pharmaceutical Education and Research, Jamia Humdard, New Delhi   | Exploring New Drug<br>Delivery System in<br>Traditional Medicine.                        |
| 14:15- 14:30  | Dr. SM. Raeesuddeen<br>Former Visiting Faculty,<br>Hamdard University<br>Bangladesh. Former<br>Senior Lecturer, FIM,<br>University of Colombo,<br>Sri Lanka   | Evaluation of the<br>anticancer potential of the<br>Unani formulations Dawa<br>ul kurkum |



| 14:30- 14:45 | Dr. Ahmad Ali<br>Assistant Professor,<br>Molecular Biochemistry<br>Laboratory, Department<br>of Life Sciences<br>University of Mumbai   | Molecular Insights into the anti-inflammatory property of Unani Formulations.  |
|--------------|---|--|
| 14:45-15:00  | Prof. Shama Parveen<br>Centre for<br>Interdisciplinary Research<br>in Basic Sciences, Jamia<br>Millia Islamia, New<br>Delhi   | Evaluation of Antiviral<br>Activities of Unani Drugs<br>against Dengue Virus   |
| 15:00- 15:15 | Prof. Nazeem Fahamiya<br>Dept. of Ilmul Advia,<br>Faculty of Indigenous<br>Medicine, University of<br>Colombo, Sri Lanka  | Physicochemical<br>characterization and in-<br>vitro anti-inflammatory<br>activity of Kushta Gaodanti<br>A Unani Herbo- Mineral<br>Preparation |
| 15:15: 15:30 | Prof. Kumud Bala Department of Biotechnology, Amity University, Noida   | Anti-cancerous efficacy of<br>Unani formulation Majoon<br>Najah on cervical<br>carcinoma.  |
| Rapporteurs  | Dr. Bilal Ahmed, Research Officer (Unani), Scientist-IV, Hakim Ajmal Khan Institute for Literary & Historical Research in Unani Medicine, New Delhi.  Dr. Yasmeen Ansari, Research Officer (Unani), Central Council for Research in Unani Medicine, New Delhi.  Dr. Neha Siddiqui, Research Associate (Unani), Central Council for Research in Unani Medicine, Headquarters, New Delhi. |  |

# 15:30 - 15:45 | High Tea



Date: 12th Feb, 2025 – (Wednesday)

#### Scientific Session-VIII |14:00 - 15:30 | Hall -5

Theme: Advancements in Regimenal Therapies (Ilaj bil Tadbir)

| Chairpersons  | Prof. Alireza Abbassian, Head, Traditional Medicine Dept., School of Persian Medicine, Tehran University of Medical Sciences, Iran  Prof. Ir Dr. Jimmy Mok Vee Hoong, Pro Vice Chancellor, UCSI University, Springhill Campus, Malaysia  Dr. Rashidullah Khan, Assistant Director, Hakim Ajmal Khan Institute for Literary & Historical Research in Unani Medicine, New Delhi |   |
|---------------|---|---|
| Time          | Speaker Name  | Topic   |
| 14:00 – 14:15 | Dr. Ghazala Mulla<br>Head of Dept. of<br>Physiology, Z.V.M. Unani<br>Medical College &<br>Hospital, Pune,<br>Maharashtra  | Redefining Therapeutic<br>Interventions: Cutting<br>Edge Development in Ilaj<br>bil Tadbir        |
| 14:15 - 14:30 | Prof. Abdul Nasir Ansari<br>Former Director (I/c),<br>Professor & HOD of Ilaj-<br>bil-Tadbir, National<br>Research Institute of<br>Unani Medicine,<br>Bengaluru   | Intervention of IBT in neurorehabilitation  |
| 14:30- 14:45  | Prof. Mohd. Anwar<br>Department of Ilaj-bil-<br>Tadbir, Aligarh Muslim<br>University  | Advancing<br>Musculoskeletal Care:<br>Evidence-Based Insights<br>into Regimenal<br>Interventions. |



#### Scientific Session-VIII | 14:00 - 15:30 | Hall -5

Theme: Advancements in Regimenal Therapies (Ilaj bil Tadbir)

| 14:45-15:00  | Dr. Mohd. Afsahul<br>Kalam Research<br>Officer, Scientist-II,<br>Regional Research<br>Institute of Unani<br>Medicine, Srinagar  | Ilaj-bil-Tadbir (regimenal<br>therapy) recent<br>development and future<br>prospects   |
|--------------|---|--|
| 15:00- 15:15 | <b>Dr. Azhar Jabeen</b><br>Associate Professor, Dept.<br>of Moalajat, Jamia<br>Hamdard, New Delhi   | Scientific innovations in<br>Ilaj-bil-Tadbir for health<br>care  |
| 15:15: 15:30 | Dr. Mohammad Zakir<br>Research Officer<br>(Unani) Scientist-III,<br>National Research<br>Institute of Unani<br>Medicine for Skin<br>Disorders, Hyderabad  | Assessment of efficacy of ijāma bi'l Shar (Wet Cupping Therapy) in Waja'al-Mafāṣil (Knee Osteoarthritis) using Biomarkers as outcome measure |
| Rapporteurs  | Dr. Neelam Quddusi, Research Officer (Unani) Scientist-IV, Hakim Ajmal Khan Institute for Literary & Historical Research in Unani Medicine, New Delhi.  Dr. Ghazala Fatima, Research Officer (Unani), Hakim Ajmal Khan Institute for Literary & Historical Research in Unani Medicine, New Delhi.  Dr. Nikhat Fatima, Research Associate (Unani), Central Council for Research in Unani Medicine, Headquarters, New Delhi |  |

#### 15:30 - 15:45 | High Tea



Date: 12th Feb, 2025 – (Wednesday)

#### Scientific Session-IX |14:00 - 15:30 | Hall -6

Theme: Evidence Based Recent Research Trends in Unani Medicine

#### Chairpersons

**Dr. Sunchu Glory Swarupa**, Director General, National Institute for Micro Small and Medium Enterprises (NI-MSME), Hyderabad

Dr. A. Ameer Jahan, Advisory Committee Chairman, Tamil Nadu Medicinal Herbal Cultivator M/o Industries & Commerce, Govt. of Tamil Nadu.

Dr. Sharifah Firyelhana Binti Syed Abdul Rahman, Disciplinary and Ethics Unit Traditional and Complementary Medicine Council Section, Traditional and Complementary Medicine Division, Ministry of Health, Malaysia

Dr. Pradeep Multani, Chairman Emeritus, Multani Pharmaceuticals Limited. National Prof. AK Azad Khan, President, Diabetic Association of Bangladesh & Regional Chair, South East Asia, IDF, Bangladesh.

Dr. Ghazala Javed, Assistant Director (Unani), Central Council for Research in Unani Medicine, Headquarters, New Delhi.

**Dr. Irfat Ara Gurkoo**, Deputy Director, Regional Research Institute of Unani Medicine, Srinagar



| Time          | Speaker Name   | Topic  |
|---------------|--|--|
| 14:00 – 14:12 | Dr. Saif Ahmad Associate<br>Professor in Translation<br>Neuroscience/Neurosur<br>gery Department, Barrow<br>Neurological Institute<br>(BNI), Phoenix, AZ, USA. | Role of 3-acetyl-11-keto- β-boswellic acid (a derivative of Kundur- Boswellia serrata) in Traumatic Brain Injury.  |
| 14:12 - 14:24 | Dr. Maryam Sarwat<br>Amity Institute of<br>Pharmacy, Amity<br>University, Sector-125,<br>Noida (U.P)   | Evaluation of the anticancer<br>potential of the Unani<br>formulation Dawa ul<br>kurkum  |
| 14:24- 14:36  | Dr. M. Shahar Yar<br>School of Pharmaceutical<br>Education and Research,<br>Jamia Hamdard, New<br>Delhi  | Development and<br>Preclinical Investigation of<br>the Antioxidant and<br>Anticancer properties of a<br>Unani formulation in<br>Hepatocellular Carcinoma |
| 14:36-14:48   | Dr. Jasbir Kaur. Ocular Biochemistry, Dr. R.P. Centre for Ophthalmic Sciences, AIIMS, New Delhi  | Therapeutic potential of<br>Unani formulation in the<br>management of Glaucoma -<br>a silent killer of vision.   |
| 14:48- 15:00  | Dr. Mohammad Kamil<br>Director General Lotus<br>Holistic Health Institute,<br>UAE  | History and Research Trends<br>in Unani Medicine-<br>Experience Sharing  |
| 15:00: 15:12  | Prof. Arshiya Sultana<br>Dept. of Ilmul-Qabalat-<br>wa-Niswan, National<br>Institute of Unani<br>Medicine, Bengaluru   | Unani medicine as a<br>therapeutic approach for<br>premenstrual syndrome: a<br>systemic review and meta-<br>analysis of randomized<br>control trial.     |



| 15:12-15:24 | Dr. Saba Naqvi<br>Assistant Professor,<br>Department of<br>Pharmacology (NIPER),<br>Raebareli   | Pharmacological role of<br>natural products based<br>nano platforms in<br>neurodegenerative<br>disease. |
|-------------|---|---|
| Rapporteurs | Dr. Abdul Raheem, Research Officer (Unani), Scientist-IV, Regional Research Institute of Unani Medicine, New Delhi.  Dr. Kiran Negi, Research Officer (Botany), Drug Standardization Research Unit, New Delhi.  Dr. Zeba Afrin, Research Associate (Unani), Central Council for Research in Unani Medicine, Headquarters, New Delhi |   |

#### 15:30 - 15:45 | High Tea

15:45 -16:00 | Assemble for Valedictory Session 16:00:00

#### PM - 17:00 PM | Valedictory Session

#### Rapporteurs

**Dr. Pawan Kumar**, Research Officer (Pathology), Scientist-IV, Central Council for Research in Unani Medicine. New Delhi.

**Dr. Zaki Ahmed Siddiqui**, Research Officer (Unani), Scientist-IV, Regional Research Institute of Unani Medicine, New Delhi.

**Dr. Urooj**, Research Officer (Pharmacology), Central Council for Research in Unani Medicine, New Delhi.

**Dr. Fouzia Bashir**, Research Associate (Unani), Central Council for Research in Unani Medicine, Headquarters, New Delhi.



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