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Azadi Ka
Amrit Mahotsav



सत्यमेव जयते
Ministry of Ayush
Government of India



Unani Day 2023 & International Conference

"Unani Medicine for Public Health"

February 10 - 11, 2023

Programme Schedule



Organized by

Central Council for Research in Unani Medicine

Ministry of Ayush, Govt. of India

Programme Schedule

Day - I | February 10, 2023

09:30 AM-10:00 AM

Assemblage

Scientific Session – I | Hall 4 | 10:00 AM – 11:30 AM

*Theme: Unani Medicine – Opportunities in Health and
Wellness Sector*

Chairs

Prof. Sunil Kohli, Member, Scientific Advisory Committee, CCRUM, Ministry of Ayush, Govt. of India, New Delhi

Dr. Abdul Kabir Dar, Secretary (T), Department of Administrative Reforms Inspections & Trainings, BOPEE, Government Press, Public Grievance, Govt. of Jammu and Kashmir UT, Civil Secretariat, Jammu

Dr. Sunita Garg, Member, Scientific Advisory Committee, CCRUM, Ministry of Ayush, Govt. of India, New Delhi

Co-chairs

Dr. Mohammad Fazil, Incharge, HAKILHRUM, New Delhi

Dr. Asma Sattar Khan, Incharge, DSRI, Ghaziabad



Time	Speaker	Topic
10:00 AM - 10:20 AM	Prof. T. C. James Visiting Fellow, Research & Information Systems for Developing Countries (RIS), New Delhi	National strategy and roadmap for medical and wellness tourism in Ayush sector
10:20 AM - 10:40 AM	Dr. N. Zaheer Ahmed Deputy Director, RRIUM, Chennai	Exploring the strengths of Unani Medicine in health and wellness sector - Experience sharing
10:40 AM - 11:00 AM	Dr. Deepika Gunawant Senior Consultant, Max Multi Speciality Centre, New Delhi	Roadmap for opening health and wellness centre
11:00 AM - 11:20 AM	Dr. Syed Mohd Abbas Zaidi Assistant Professor, HSZH Govt. Unani Medical College, Bhopal	Exploring strengths of <i>Ilaj bil-Tadbeer</i> in wellness sector
11:20 AM - 11:30 AM	Discussion	



Rapporteurs **Dr. Usama Akram**, Research Officer
(Unani) Scientist-II, HAKILHRUM,
New Delhi
Dr. Rukshanda, Technical Officer
(Unani), HAKILHRUM, New Delhi
Dr. Shabnam Anjum Ara, Senior
Research Fellow, HAKILHRUM,
New Delhi

11:30 AM -
11:45 AM

Tea Break

Scientific Session – II | Hall 6 | 10:00 AM – 11:30 AM

Theme: Bringing Standards in Healthcare Services

Chairs	Prof. Abdul Wadud , Director, National Institute of Unani Medicine, Bengaluru Dr. Atul Mohan Kochhar , Chief Executive Officer, National Accreditation Board for Hospitals and Healthcare Providers, New Delhi	
Co-chairs	Dr. Naheed Parveen , Assistant Director (Unani), CCRUM, New Delhi Dr. Ahmad Minhajuddin , Deputy Director, NRIUMSD, Hyderabad	
Time	Speaker	Topic
10:00 AM - 10:20 AM	Dr. Punam Bajaj Director, National Accreditation Board for Hospitals and Healthcare Providers, New Delhi	NABH - Committed to patient safety and quality
10:20 AM - 10:40 AM	Mr. Pankaj Johri Director, National Accreditation Board for Hospitals and Healthcare Providers, New Delhi	Accreditation of medical testing laboratories



10:40 AM - 11:00 AM	Dr. Manish Pande Head, PAD Division, Quality Council of India, New Delhi	Quality control of medicinal plants
11:00 AM - 11:20 AM	Dr. Vandana Siroha Joint Director, National Accreditation Board for Hospitals and Healthcare Providers, New Delhi	Health care quality standards for Unani centres & hospitals
11:20 AM - 11:30 AM	Discussion	
Rapporteurs	Dr. Jamal Akhtar , Research Officer (Unani) Scientist-IV, CCRUM, New Delhi Dr. Azma , Research Officer (Unani) Scientist-IV, HAKILHRUM, New Delhi Dr. Humaira Shazia , Senior Research Fellow (Unani), RRIUM, New Delhi	
11:30 AM - 11:45 AM	Tea Break	



Scientific Session – III | Hall 4 | 11:45 AM – 01:00 PM

Theme: Strengthening Immunity – Need of the Hour

Chairs	<p>Prof. S. Shakir Jamil, Former Director General, CCRUM, New Delhi</p> <p>Dr. Mushtaq Ahmad, Former Chair (Unani), University of Western Cape, South Africa</p> <p>Dr. Mohammad Zahid Ashraf, Head, Department of Biotechnology, Jamia Millia Islamia, New Delhi</p>	
Co-chairs	<p>Dr. Md. Ishtiaque Alam, Deputy Director, RRIUM, Patna</p> <p>Dr. Abdur Rasheed, Incharge, RRIUM, Bhadrak</p>	
Time	Speaker	Topic
11:45 AM - 12:00 PM	Prof. Tanveer Naved Head & Principal, Amity School of Pharmacy, Noida	Scientifically validated traditional medicinal plants as an immuno-stimulant
12:00 PM - 12:15 PM	Prof. Arshiya Sultana Lecturer, National Institute of Unani Medicine, Bengaluru	Role of Unani Medicine in reproductive health of women with <i>Ziabitus</i> (diabetes)



12:15 PM - 12:30 PM	Prof. Kavita Gulati Department of Pharmacology, VPCI, University of Delhi, Delhi	Interaction of traditional and modern medicine during drug induced hepato-toxicity
12:30 PM - 12:45 PM	Prof. Suhel Parvez Head, Department of Toxicology, School of Chemical and Life Science, Jamia Hamdard, New Delhi	Role of Unani Medicine in targeting Alzheimer's disease
12:45 PM - 01:10 PM	Discussion	
Rapporteurs	Dr. Nighat Anjum , Research Officer (Unani) Scientist-IV, CCRUM, New Delhi Mr. Anas Alvi , Research Assistant (Chemistry), DSRU, New Delhi Dr. Tarana Umar , Senior Research Fellow (Chemistry), DSRU, New Delhi	
01:10 PM - 02:00 PM	Lunch Break	

Scientific Session – IV | Hall 6 | 11:45 AM – 01:00 PM

*Theme: Quality Unani Products for Healthcare Systems -
Role of Industry*

Chairs	<p>Dr. M. A. Qasmi, Adviser (Unani), Ministry of Ayush, Govt. of India, New Delhi</p> <p>Dr. Mohsin Wali, Senior Consultant, Sir Ganga Ram Hospital, New Delhi</p> <p>Dr. Raman Singh, Director, Pharmacopoeia Commission for Indian Medicine & Homoeopathy (PCIM&H), Ghaziabad</p> <p>Dr. Mohammad Khalid, Assistant Drugs Controller, Directorate of Ayush, Government of NCT of Delhi</p>	
Co-chair	<p>Dr. N. Zaheer Ahmed, Deputy Director, RRIUM, Chennai</p>	
Time	Speaker	Topic
11:45 AM - 11:55 PM	<p>Dr. Pradeep Multani Chairman, Multani Pharmaceuticals Limited, New Delhi</p>	<p>Experience sharing from Multani Pharmaceuticals Limited</p>
11:55 AM - 12:05 PM	<p>Mr. Mansoor Ali Hamdard labs India (Food Division), New Delhi</p>	<p>Role of Food Supplements & Nutraceuticals in the Unani Industry: A Roadmap</p>



12:05 PM - 12:15 PM	Dr. Santosh Joshi Head, Department of R&D, Hamdard Laboratories, New Delhi	Experience sharing from Hamdard Laboratories
12:15 PM - 12:25 PM	Dr. Nabeel Anwar Managing Director, Drugs Laboratories, Meerut	Experience sharing from Drugs Laboratories, Meerut
12:25 PM - 12:35 PM	Dr. Mohsin Dehlvi Managing Director, Dehlvi Remedies Pvt. Ltd., New Delhi	Experience sharing from Dehlvi Remedies
12:35 PM - 12:45 PM	Mr. Maqbool Hasan Managing Director, Nature & Nurture Healthcare Private Limited, New Delhi	Experience sharing from Nature & Nurture Healthcare
12:45 PM - 01:00 PM	Discussion	
Rapporteurs	Dr. Neelam Quddusi , Research Officer (Unani) Scientist-IV, HAKILHRUM, New Delhi Dr. Mohd Wasim Ahmed , Research Officer (Unani), DSRI, Ghaziabad Dr. Saad Ahmed , Consultant (Unani), CCRU, New Delhi	
01:00 PM - 02:00 PM	Lunch Break	

Scientific Session – V | Hall 4 | 02:00 PM – 03:30 PM

Theme: *Non-communicable Diseases (NCDs) – A Challenge to Combat*

Chairs	<p>Dr. Shagufta Aleem, Dean, AKTC, Aligarh Muslim University, Aligarh</p> <p>Dr. Suhail Fatima, Professor & Head, Department of Amraz-e-Niswan wa Qabalat, SUMER, Jamia Hamdard, New Delhi</p> <p>Dr. Majid Ahmed Talikoti, Surgical Oncologist, Batra Hospital, New Delhi</p>	
Co-chairs	<p>Dr. M. Nafees Khan, Deputy Director, CRIUM, Lucknow</p> <p>Dr. Sheereen Afza, Research Officer (Unani) & Incharge, RRIUM, Aligarh</p>	
Time	Speaker	Topic
02:00 PM - 02:20 PM	Prof. Alpana Sharma Department of Biochemistry, All India Institute of Medical Sciences, New Delhi	<i>Itrifal-e-Aftimoon</i> as plausible adjuvant therapy for chronic myeloid leukaemia - A complementary integrative approach



02:20 PM - 02:40 PM	Dr. M. Shahar Yar Associate Professor, School of Pharmaceutical Education and Research, Jamia Hamdard, New Delhi	Estimation of anti-cancer and anti-oxidant effect of Unani Medicine against liver cancer – A preclinical study
02:40 PM - 03:00 PM	Prof. (Dr.) Kumud Bala Centre for Medical Biotechnology, Amity Institute of Biotechnology, Amity University, Noida	Anti-cancerous drug in Unani Medicine against cervical carcinoma
03:00 PM - 03:20 PM	Prof. Mohd Anwar Department of <i>Ilaj bit- Tadbeer</i> , AKTC, Aligarh Muslim University, Aligarh	Management of NCDs through <i>Ilaj bit- Tadbeer</i> (Regimenal Therapy)
03:20 PM - 03:30 PM	Discussion	
Rapporteurs	Dr. Mustehasan , Research Officer (Unani) Scientist-III, DSRU, New Delhi Dr. Akhlaq Mustafa , Research Officer (Chemistry), DSRU, New Delhi Dr. Sadaf Subhani , Research Assistant (Chemistry), CCRUM, New Delhi	

Scientific Session – VI | Hall 6 | 02:00 PM – 03:30 PM

Theme: Non-communicable Diseases (NCDs) – A Challenge to Combat

Chairs	Prof. M. A. Jafri , Former Vice Chancellor, Jamia Hamdard, New Delhi	
	Prof. Surender Singh , Department of Pharmacology, All India Institute of Medical Sciences, New Delhi	
	Prof. M. M. Wamiq Ameen , Department of Ilmul Amraz, AKTC, Aligarh Muslim University, Aligarh	
Co-chairs	Dr. Rahat Raza , Deputy Director, RRIUM, New Delhi	
	Dr. Ghazala Javed , Research Officer (Unani) Scientist-IV and Incharge, DSRU, New Delhi	
Time	Speaker	Topic
02:00 PM - 02:20 PM	Dr. Rohit Kumar Assistant Professor, Department of Pulmonary Medicine, Critical Care Medicine and Sleep Disorders, VMMC & SJH, New Delhi	Respiratory diseases - A major public health challenge



02:40 PM - 03:00 PM	Dr. S. M. Arif Zaidi Dean, School of Unani Medical Education & Research, Jamia Hamdard, New Delhi	Diabetic foot- Unani perspective
02:20 PM - 02:40 PM	Prof. Zamir Ahmad Department of Jild wa Tazeeniyat, AKTC, Aligarh Muslim University, Aligarh	Role of Unani Medicine in the management of skin diseases – An evidence- based approach
03:00 PM - 03:20 PM	Dr. Ahmad Ali Department of Life Sciences, University of Mumbai	Suppression of sugar toxicity by fruit extract of <i>Khar e Khask</i> <i>Khurd (Tribulus</i> <i>terrestris)</i>
03:20 PM - 03:30 PM	Discussion	
Rapporteurs	Dr. Anwar Jamal , Research Officer (Unani) Scientist-IV, RRIUM, New Delhi Dr. Priyanka Verma , Research Officer (Chemistry), CCRUM, New Delhi Dr. Zeba Afrin , Research Associate (Unani), CCRUM, New Delhi	

Scientific Session – VII | Hall 4 | 03:30 PM – 05:00 PM

Theme: Planning and Implementation of Public Health Programs

Chairs	Dr. A. Venkat Raman , Associate Professor, Faculty of Management Studies, University of Delhi, Delhi Prof. Mohammad Idris , A&U Tibbia College, Karol Bagh, New Delhi	
Co-chairs	Dr. Nirmala Devi , Research Officer Incharge, RRIUM, Mumbai Dr. Seema Akbar , Assistant Director Incharge, RRIUM, Srinagar	
Time	Speaker	Topic
03:30 PM - 03:50 PM	Dr. Shazina Saeed Assistant Professor, Amity Institute of Public Health, Amity University, Noida	Quality management in public health programs
03:50 PM - 04:10 PM	Prof. Jugal Kishore Director, Department of Community Medicine, VMMC and Safdarjung Hospital, New Delhi	Monitoring and evaluation of public health program



04:10 PM - 04:30 PM	Dr. Tanica Lyngdoh Scientist – E, Epidemiology and Communicable Disease Division, ICMR, New Delhi	Data management in public health research
04:30 PM - 04:50 PM	Dr. Mohd Akram Professor & Head, Department of Tahaffuzi wa Samaji Tibb, Jamia Hamdard, New Delhi	Evidence-based health promotion
04:50 PM - 05:00 PM	Discussion	
Rapporteurs	Dr. Meena Kumari Nayak , Research Officer (Pathology), RRIUM, New Delhi Dr. Shaista Urooj , Research Officer (Unani) Scientist-II, RRIUM, New Delhi Dr. Yasmin Ansari , Research Officer (Unani), CCRUM, New Delhi Dr. Gulwaiz Akhtar , Senior Research Fellow (Botany), DSRU, New Delhi	



Scientific Session – VIII | Hall 6 | 03:30 PM – 05:00 PM

Theme: Recent Advancements in Research on Unani Medicine

Chairs	<p>Prof. (Dr.) Kumud Bala Centre for Medical Biotechnology, Amity Institute of Biotechnology, Amity University, Noida</p> <p>Prof. Mohammad Mahfuzul Haque Department of Biotechnology Jamia Millia Islamia, New Delhi</p> <p>Prof. Syed Imamuddin Ahmed Former Principal, Government Unani Medical College, Chennai</p> <p>Prof. Nasir Ali Khan, Principal, Jamia Tibbiya Deoband, Saharanpur, U. P.</p>	
Co-chair	<p>Dr. Younis Iftikhar Munshi, Deputy Director, RRIUM, Kolkata</p>	
Time	Speaker	Topic
03:30 PM - 03:50 PM	<p>Dr. Md. Imtaiyaz Hassan Assistant Professor, Centre for Interdisciplinary Research in Basic Sciences, Jamia Millia Islamia, New Delhi</p>	<p>Identification of mark 4 inhibitor from a Unani drug – <i>Brahmi (Bacopa Moneira)</i> extract – targeting neurological disorders</p>



04:10 PM - 04:30 PM	Dr. Jasbir Kaur Professor, Department of Ocular Biochemistry, AIIMS, New Delhi	Unani Medicine in ophthalmology: A scientific approach
04:30 PM - 04:50 PM	Prof. M. Z. Abdin Head, Department of Biotechnology, Jamia Hamdard, New Delhi	Importance of SCAR markers in drug authentication
04:50 PM - 05:00 PM	Discussion	
Rapporteurs	Dr. Bilal Ahmed , Research Officer (Unani) Scientist-IV, HAKILHRUM, New Delhi Dr. Merajul Haque , Research Officer (Unani), Scientist-II, HAKILHRUM, New Delhi Dr. Tamanna Nazli , Research Officer (Unani), CCRUM, New Delhi Dr. Tarana Umar , Senior Research Fellow (Chemistry), DSRU, New Delhi	
03:50 PM - 04:10 PM	Prof. Farhan Jalees Ahmad Dean, Interdisciplinary Sciences and Technology, Jamia Hamdard, New Delhi	Importance of shelf life studies in Unani Medicine



Day - II | February 11, 2023

Inaugural Session | Plenary Hall | 09:30 AM – 01:00 PM

09:30 AM - 10:00 AM	Registration
10:00 AM - 10:30 AM	Assemblage
10:30 AM - 01:00 PM	Inaugural Session
Rapporteurs	Dr. Pradeep Kumar , Research Officer (Pathology) Scientist-IV, CCRUM, New Delhi Dr. Abdul Rahim , Research Officer (Unani) Scientist-IV, CCRUM, New Delhi Dr. Kiran Negi , Assistant Research Officer (Botany), DSRU, New Delhi Dr. Sadaf Subhani , Research Assistant (Chemistry), CCRUM, New Delhi Dr. Shagufta Parveen , Research Associate (Unani), CCRUM, New Delhi
01:00 PM - 02:00 PM	Lunch Break



Day - II | Scientific Session – I
Plenary Hall | 02:00 PM – 04:00 PM

Theme: Global Opportunities for Unani Medicine

Chairs

Dr. W. Selvamurthy, President, Amity Science, Technology and Innovation Foundation and Director General, Amity Directorate of Science and Innovation, Noida

Dr. Ram Vishwakarma, Chairman, Scientific Advisory Committee, CCRUM, Ministry of Ayush, Govt. of India, New Delhi

Mr. Hamid Ahmad, Chief Executive Officer, Hamdard Laboratories India (Food Division), New Delhi

Vaidya Devendra Triguna, President, Governing Body, Rashtriya Ayurveda Vidyapeeth, New Delhi

Prof. Asim Ali Khan

Director General, CCRUM, New Delhi

Dr. S. Farooq, President, Himalaya Drug Company, New Delhi

Dr. M. A. Waheed, Chairman, UPC Subcommittee, PCIM&H, Ghaziabad

Prof. K M Y Amin, Former Professor, Ajmal Khan Tibbiya College, Aligarh Muslim University, Aligarh

Madam Amina Al Haidan

CEO, Lotus Healthcare Holistic, Abu Dhabi



Time	Speaker	Topic
02:00 PM - 02:15 PM	Dr. Mujeeb Hoosen Coordinator of Unani Tibb, School of Community and Health Sciences, University of the Western Cape, Cape Town, South Africa	Unani Tibb students' and educators perceptions and attitudes towards spirituality and spiritual care in Unani Tibb education and practice in South Africa - A mixed methods study
02:15 PM - 02:30 PM	Prof. Arman Zargar Coordinator, International Affairs for Traditional Medicine, Ministry of Health & Professor, School of Persian Medicine, Tehran University of Medical Sciences, Iran	India and Iran partnership
02:30 PM - 02:45 PM	Dr. Mogana Sundari Dean, Faculty of Pharmaceutical Sciences, UCSI, University of Kuala Lumpur, Malaysia	Exploring collaboration in the field of Unani Medicine



02:45 PM - 03:00 PM	Dr. Mohammad Kamil Director General, Lotus Holistic Healthcare Institute, Abu Dhabi, UAE	Unani Medicine - Quality and safety for public health
03:00 PM - 03:15 PM	Dr. Sachini Banndara Assistant Professor, JH University, School of Public Health, Mary Land, USA	Global challenges in public health
03:15 PM - 03:30 PM	Prof. Saifuddin Ahmad JH University, School of Public Health, Mary Land, USA	Integrating traditional medicine in healthcare delivery system
03:30 PM - 03:40 PM	Madam Amina Al Haidan CEO, Lotus Healthcare Holistic, Abu Dhabi	Experience sharing in holistic healthcare
03:40 PM - 04:00 PM	Expert Comments by Chairs	
Rapporteurs	Dr. Amanullah , Research Officer (Unani) Scientist-IV, CCRUM, New Delhi Dr. Shamim , Research Associate (Unani), CCRUM, New Delhi Dr. Shaheen Akhlaq , Senior Research Fellow, HAKILHRUM, New Delhi	

Day - II | Scientific Session – II
Hall 4 | 02:00 PM – 04:00 PM

Theme: Global Opportunities for Unani Medicine

Chairs	<p>Prof. (Dr.) Bhudev Chandra Das, Head, Cancer Biology, Cell Signalling and Cell Biology, Amity Institute of Neuropsychology and Neurosciences (AINN), Amity University, Noida</p> <p>Dr. Ranjana Aggarwal, Director, CSIR-NISCAIR, New Delhi</p> <p>Prof. Sayeed Ahmad Director, Centre of Excellence in Unani Medicine (Pharmacognosy and Pharmacology) & Bioactive Natural Product Laboratory, Jamia Hamdard, New Delhi</p>	
Co-chairs	<p>Dr. Najeebul Hasan, Deputy Director (Unani), CRU, Bangalore</p> <p>Dr. Ashok Kumar, Research Officer Incharge, RRC, Prayagraj</p>	
Time	Speaker	Topic
02:00 PM - 02:15 PM	<p>Dr. Iftikhar Ahmad Saifi Ibn al Nafees Medical Clinic, Dubai, United Arab Emirates</p>	<p><i>Asbab-e-Sitta Zarooriya</i> (the six essential factors of life): A view based on modern medical</p>



02:15 PM -	Dr. M. Salim Khan	Holistic care
02:30 PM	Principal, College of Medicine and Healing Arts, Leicester, UK	with Unani Medicine
02:30 PM -	Dr. S. M.	Role of
02:45 PM	Raesuddeen Senior Lecturer, Institute of Indigenous Medicine, University of Colombo, Rajagiriya, Sri Lanka	indigenous medicine in healthcare
02:45 PM -	Prof. (Dr.) Faruque-	India
03:00 PM	uz-Zaman Chowdhury Vice Chancellor, Hamdard University Bangladesh, Bangladesh	Bangladesh cooperation for promoting Unani Medicine
03:00 PM -	Dr. Goh Cheng Soon	Scope of Unani
03:15 PM	Director, Traditional and Complementary Medicine, Ministry of Health, Malaysia	Medicine in Malaysia



03:15 PM - 03:30 PM	Dr. Yuldasheva Umedakhon Assistant Professor, Department of Pharmacology and Dean, Faculty of Dentistry, Avicenna Tajik State Medical University, Tajikistan	India-Tajikistan collaboration in the field of Unani Medicine
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03:30 PM -
04:00 PM

Discussion

Rapporteurs **Dr. Ahmad Sayeed**, Research Officer (Unani) Scientist-IV, CCRUM, New Delhi
Dr. Farah Ahmed, Research Officer (Unani) Scientist-II, CCRUM, New Delhi
Dr. Shagufta Parveen, Research Associate (Unani), CCRUM, New Delhi

04:00 PM -
05:30 PM

Valedictory Session

Rapporteurs **Dr. Pawan Kumar**, Research Officer (Pathology) Scientist-IV, CCRUM, New Delhi
Dr. R P Meena, Research Officer (Chemistry) Scientist-IV, CCRUM, New Delhi
Dr. Ritu Karwasra, Research Officer (Pharmacology), CCRUM, New Delhi



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